"I do not want a kingdom, salvation or heaven, what I want is to remove the trouble of the oppressed the poor and the needy"

-Mahatma Gandhi-
Dearest Friends,

Namaste. We are blessed to enter another amazing year of our ongoing service journey at Manav Sadhna. We began this journey in 1990 with four children. Now, 26 years later, we are providing value based education to 9200 children, nutrition to 1200 adolescent girls and mothers and healthcare to thousands of people every single day through 38 projects and four community centres. We feed more than 6000 children, daily. A nourishing glass of warm milk is served to more than 1500 children every day in all of our community centres. We have 278 trained *karyakartas* (employees) committed to making this daily *seva yagna* possible. Many of them joined Manav Sadhna as children; and now after receiving love, education and values for years, they have chosen to serve as Manav Sadhna *karyakartas* and community leaders. Over the years, there have been thousands of stories of transformation in both the communities and among our *karyakartas* and volunteers.

All of this was possible because of support from friends like you. On behalf of Manav Sadhna and all of our beneficiaries, thank you and God bless you for partnering with us in serving our lesser privileged sisters and brothers.

The recent movement toward decentralizing some of our projects such as Earn N Learn, Manav Gulazar and Paryavaran Mitra into independent NGOs has been hugely successful. It is a blessing to see our children (now young men and women), leading and growing the projects as the founder trustees. Paryavaran Mitra, the centre at Shankar Bhuvan, Nepal Rehabilitation, Uttara Khand - MS, E Class and Community Health Education are the new and exciting service initiatives this year. The number and diversity of our international volunteers also continues to grow every year.

With the grace of God, we are able to keep serving with the same purity, clarity, simplicity and love. Our focus is still to reach out "unto the last", a basic value practised by Mahatma Gandhi. Our annual administration cost for MS India is still 2.5% and for MS USA is 0%. So many souls are serving full time without taking a penny from the organization since day one. Every donation is received and utilized with utmost transparency.

With gratitude, we are sharing our project reports and lovingly request your continued support.

Love All, Serve All
The Manav Sadhna Family
Our Inspiration

Padmashri Ishwarbhai Patel

13/09/1934 - 26/12/2010

History

In 1990, a team of young volunteers, inspired by Gandhian values, began gathering under the branches of a tree in the Gandhi Ashram every Saturday to play with street children. They provided the children with a nutritional meal and taught them about basic hygiene by cutting their nails and bathing them. This activity quickly came together into a full time endeavor working to brighten the future of underprivileged children. Under the guidance of Gujarat Harijan Sevak Sangh, Safai Vidyalaya and Environmental Sanitation Institute (ESI), Manav Sadhna was established both in India and in the United States. Today, from a quiet corner in the Gandhi Ashram, Manav Sadhna serves more than 9200 children and women through more than 38 projects. We also indirectly touch the lives of many more individuals through our healthcare and educational support projects. The projects are created based on the needs and participation of the community.

Vision

Manav Sadhna is a non profit organization based in a quiet corner of Mahatma Gandhi’s Ashram, Ahmedabad. Our mission is simply to serve the underprivileged. At Manav Sadhna, we navigate with the philosophy of love all, serve all. By seeing God in every individual (Manav), mere service is transformed into worship (Sadhna). To this end, Manav Sadhna is engaged in constructive humanitarian projects that cut across barriers of class and religion while addressing issues faced by socio-economically neglected segments of society. In executing this mission, Manav Sadhna is guided by Mahatma Gandhi’s unshakable beliefs in love, peace, truth, non-violence and compassion.
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Anganwadi (Pre-School)
Caters 79 Preschools and Provide nutrition, health and education to over children and women

About Anganwadis (Pre-Schools)

Health and education are the two of the most important factors for the development of a healthy society. No nation can deny this fact. To achieve the goal of a healthy society, it is important to focus on women and children, two major stakeholders in society. Thus, it is vital that malnourished children and underprivileged mothers receive the help that they need. Social institutions must act now in order to address these critical issues. Manav Sadhna has been working in conjunction with the Integrated Child Development Services (ICDS) department of the Government of Gujarat since 2004-2005 on an initiative called "Healthy Mother, Healthy Child." Manav Sadhna has performed extensive and effective work toward reducing the rate of malnutrition among infants and the rate of maternal mortality through our 79 anganwadi (pre-schools). Manav Sadhna, along with the ICDS, has created a significant positive impact within impoverished communities through health and education services.

Objectives of Anganwadis

- Provide nutrition to underprivileged children ages 0 to 6 years.
- Foster the mental, physical, and emotional development of these children.
- Improve the health of pregnant and feeding mothers.
- Reduce the infant mortality rate, malnutrition, and school dropout rates.
- Promote awareness about health, hygiene, and nutrition to pregnant and feeding mothers.
- Give immunizations.
- Foster communication and create a unified vision with various government departments involved with ICDS.

Services Provide by Anganwadis

- Supplementary nutrition
- Education about health and nutrition
- Referral services
- Pre-primary education
- Immunization
Nutrition Program of Anganwadis

Provide Supplementary Nutrition to 3592 children of 6 months to 3 years old

2681 children of 3 to 6 years received nutrition every day at Anganwadis

3037 Pregnant and nursing mothers received healthy nutrition

Children are feeding at the center through Food start Program (Right)

Nutrition Education provided to the mothers (Left)

Rasoi show (Recipe Exhibition )

World Breast Feeding Month Celebration

- The food start program (Annaprasan Program) aims to target children aged 7 to 9 months, by providing them with additional food. There are 2470 children able to benefit under this program.
- Out of 800 severe malnourished children there are 247 children transformed in to the Grade A under the Compressive Nutrition Program.
Health Program of Anganwadis

Health Checkup

<table>
<thead>
<tr>
<th>0 to 3 years kids</th>
<th>3 to 6 years kids</th>
<th>Pregnant women</th>
<th>Nursing mother</th>
<th>Adolescent girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>2415</td>
<td>2814</td>
<td>1547</td>
<td>1049</td>
<td>960</td>
</tr>
</tbody>
</table>

Children’s Medical Camp

In the month of December last year, a medical camp was organized for children up to the age of 17. There were more then 115 children who had been checked during the camp. The camp was successfully organized by pediatricians from the US: Dr. Tarak and Sharvari Mehta, a MS volunteer: Emmilina, and the MS staff members. Manav Sadhna staff workers and volunteers successfully did the follow-up work of the listed children.

<table>
<thead>
<tr>
<th>Tetanus Pregnant</th>
<th>BCG</th>
<th>Chickenpox</th>
<th>Pentavalent</th>
<th>DTP</th>
<th>Polio</th>
<th>Hip B</th>
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<td>1271</td>
<td>2850</td>
<td>843</td>
<td>4431</td>
<td>1157</td>
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</tr>
</tbody>
</table>

Vaccination Program

The Anganwadi children are protected from 6 deadly diseases through the vaccination program. More and more women and their children are able to be part of this program. With the constant efforts and awareness about the vaccination we able to reduce the disease. Above given chart is showing Vaccination provided to the children and mothers in the year 2014-15

- In the year 2014-15, with the continuous efforts by the Anganwadi women, out of 1119 there were 1094 pregnant women agreed to delivery in the hospital.
- Family Planning: The total sum of Rs. 67404 has been given as an incentives to the all 82 women those agreed for the family planning operations. The Infant Mortality Rate is reduced to 27 (every 1000 birth) in comparison of the entire states figure of 33
Non-Formal Education of Anganwadis

- Non-Formal or Pre Primary Education
- School Enrollment Program
- Around 357 boys and 364 girls were enrolled in the first grade in public and private schools.

Inauguration of Bholu-13

It is hard to imagine a home with nice ventilations, a fan, and a wall painted with birds and animals and the facility of toilets and bathroom in the slum area. But with the support of an Australian based organization, the Anganwadi Project (TAP) made this dream true. For the last 8 years, TAP and Manav Sadhna jointly built Anganwadis in the slums of Ahmedabad. The Anganwadis are equipped with all kinds of basic facilities. This year with the support of TAP we were able to build one more Anganwadi (pre school) in one of the slums of Ahmedabad. The four architect volunteers named Jo Waterhouse, Gemma, Nikki and Marrie worked very hard for almost six mothers to construct the Anganwadis to make better environment for the slum children. The Inauguration program has been organized at the Anganwadis. All the volunteers, staff and people of the community came to the inauguration and made the event memorable.
In order to give supplementary nutrition to the adolescent girls of age 11 to 18 years, a special program is held on every Saturday called Saturday Special. The program contains various games, girls activates, healthy food, health and inner and outer body and about the teenage problems.

A training session was organized for the helper of Anganwails at the ESI, Sughad. The one month of intense training focused on importance of nutrition and recipes, non-formal education, rhymes, songs, children stories, family planning and vaccination etc.

Anganwadi children received various donation gifts like toothbrush, clothes, shoes, etc. through the donors. A distribution program was organized in various Anganwadis throughout the year. The Anganwadi is teachers make sure that all items will go to the children in need.

Child Safety Program has been organized in order to provide safety to children in Anganwadis. The Anganwadi teachers are given first aid trainings in order to take the right steps when children have physical issues in Anganwadis.

Healthy child competition was organized at the Anganwadis in order to inform mothers about their children’s health. The Anganwadi teachers give healthy child incentives at the Anganwadi.

A Growth Chart meeting has been organized at all 79 Anganwadis of Manav Sadhna. The charts measure all the children who come to the Anganwadi. The detailed growth chart has been prepared to show that the grades of children depends on their weight.

Volunteers always come with lots of energy and new ideas. In Anganwadis last year, we had many new volunteers who shared their skills and ideas with children. Jo Waterhouse and Geema and Nikki and Marrie created beautiful Anganwadis in the slums. Caroline Jennings did the creative activities with the children. Martin, Constacnce and Maddrison did various games and crafts with children. Emmilina and Jessica worked with malnourished children and adolescent girls.
Health Program

Communities covered: Ramapir No Tekro, Manav Gulzar Community, Anganwadis, Shankar Bhuvan Community, Leprosy Center

Vision

- Through our commitment to love all and serve all, the health project aims to improve the health and well being of people from underprivileged communities.
- We aim to provide access to health care for acute and chronic illnesses regardless of financial difficulties, illiteracy, or lack of understanding of the complex health system.
- We seek to uplift the long-term health of communities through health promotion activities, empowering communities with knowledge of hygiene and sanitation, health and disease awareness, and prevention of diseases of lifestyle.
- Our vision is to empower individuals to look after their own physical health and mental state.

Highlights of the Year

- 1779 people from the communities we serve received health treatment through 6 medical camps (General, Gynecology, Diabetes, Pediatric, and Eye camps).
- Of those 1779, there have been 432 patients sent for further treatment.
- The Muskan Dental Clinic has treated 579 people.
- There were 19 long term patients who were provided medical treatment and home visits by our health workers during the year.
- The health worker cadre was expanded to include 6 more trained individuals, including 5 Anganwadi teachers with additional training in health, who are providing health education to our underprivileged regarding prevention of disease, which is always better than cure.
Mahir was born at 36 weeks in his family home with a local birth attendant. He weighed a healthy 3kg. Four days after his birth, his mother Shetalben’s breast milk dried up and she could no longer feed him. Shetalben was not sure what to do; she had raised 4 children already, but all had been breastfed. Shetalben fed Mahir water and cow’s milk, the best substitute she could think of. As Mahir became weaker, she took him to a local doctor who prescribed infant multivitamins. Shetalben trusted the doctor that this was all Mahir needed and persevered despite his increasing weakness. Through the Anganwadi teacher, Shetalben heard about the Pediatric Camp at Manav Sadhna Community Centre. Shetalben brought Mahir, now 6 weeks old and weighing just 2.2kg, for review.

Mahir was admitted to the pediatric hospital for blood tests, antibiotics, and rehydration. During his stay, he also started infant formula and after a 5 day admission, Mahir was discharged much brighter and weighing 2.5kg. His mother was informed to continue feeding Mahir infant formula. Two weeks later Mahir was doing well, continuing to feed but very slow to gain weight. Despite another time when his weight dipped and Shetalben reverted to cow’s milk, the team convinced his mother to resume formula and his health improved.

On last visit, Mahir was almost 4 months old and weighed 2.9kg. He continues to gain weight on his special formula. A formula feeding regimen is now in place to ensure Mahir’s infant formula amount will be adjusted as he gains weight. Shetalben is also linked with a trustworthy pediatrician who will provide free appointments for Mahir.

Though he has a long road ahead, his future is looking much brighter! Mahir’s improvement is a great example of what can be achieved through compassionate communication and a team effort.

At Arogya Mandir Health Center average 7200 patients were given treatment of cold, cough, fever, diarrhea etc. six days a week.
A gynecology camp and awareness session was conducted with 25 women, including 18 that were examined.

Another gynecology and pediatric camp was conducted at Rudra center with doctors from Ahmedabad Municipal Corporation (AMC) including Dr. Bela Patel of the Wadaj Urban Health center. A total of 130 patients were examined and treated with free medicine.

A pediatric camp was conducted at the community center by Dr. Tarak and Sarvari. We saw 205 malnourished children from all of the Manav Sadhna Anganwadis. Some children also had asthma, heart problems, and ENT problems. Manav Sadhna followed up all patients (See Mahir's story Pg-2).

GCS Hospital conducted a general camp at Manav Gulzar with medical, orthopedic, ophthalmology and physical therapy specialties. A total of 190 patients were seen.

An Eye camp was held at community center and Ashramshala through the One Sight Group. A total of 750 patients seen from all projects. Among these patients 230 were prescribed glasses.

HIV and family planning awareness was discussed at Vakanerda village Jan Jagruti day. We went with Family Planning Association workers and conducted separate sessions for men and women of the village.

We held a health fair during Women's Day with posters about many aspects of health and disease prevention. We invited Dr. Belaben and Arvindbhai Patel to lead educational sessions about nutrition. In addition, two Anganwadi teachers also used aprons to teach about reproductive health, and we showed videos about thalassemia and prevention of cancer.

A TB awareness event was held at community center with speeches and drama regarding TB. Doctors from Sparsh hospital and AMC TB control organized the events on 24/3/2015, which was TB day.

### Highlights of the year

- **General Medical Camp at Community Center**
- **Eye camp and glass distribution camp (above)**
- **Gynec Camp (Left)**
About Paryavaran Mitra

*Rag-picking women* of the Rampir No Tekro Community (opposite Gandhi Ashram), have been involved in solid waste collection for years. These women work in extremely unhygienic conditions for meager pay and minimal social recognition. The Paryavaran Mitra project started in Nov, 2014 with an aim to improve their lives holistically.

Two core facilities exist to meet the needs of rag-picking women:

- A common space where they can sort their collected waste before selling it, allowing their homes (where they had previously sorted waste) to remain clean.
- A waste collection center where women come and sell their collected and sorted waste to us.

How do we increase monetary returns for rag-picking women?

- By directly selling the collected waste to the recycler or other industries, thereby getting better returns.
- By helping them create beautiful products out of the waste they collect, such as flower vases, night lamps, pen stands, etc.
Highlights of the Project

- There are 100 women involved with Paryavarn Mitra Project. 44 women are involved with PM since the inception of the project.
- Over 700 kg of waste daily collected at the PM center through the women.
- Over 10 lacs rupees has been given to the women since the project start in November 2014.
- 44 women gets the benefit of health checkup.

Nutrition Support: A glass of milk has been served to the women comes to deliver the waste at the PM center.

A new facility named ‘Mosal’ created for the women to segregate their waste. The space includes a washing areas, toilet and grocery store.

Grocery Store: Where women gets good quality grocery at reasonable price and other product of basic needs such as sanitary and cosmetics items.

Virenbhai talking to one of the beneficiary of the PM

New space for waste segregation and grocery store
Community Center—Ramapir No Tekro

Balsanskar—Vidyadham—Elderly Care—Paryavaran Mitra—Gym—
Savings project—Health—Nutrition—Library—Scout Program

Ramapir No Tekro is a dense slum community of over 100,000 people. Manav Sadhna started working alongside this community nearly two decades ago to promote holistic development through value education, health, hygiene, livelihood alternatives, nutrition, and awareness. In 2004, with the support of the local community, we built the Ramapir No Tekro Community Center from local recycled materials. With this center, Manav Sadhna serves more than 500 children and women every day through education programs, computer training, nutrition, hygiene, finance workshops, weekly gatherings for elderly widows, a community library, a youth gym, a dental clinic, Paryavaran Mitra, a place of worship, and an open theater. This community center served as a model and a source of inspiration for us to create more community centers in other slums.

IMPACT

- 20 years ago, we saw that many children were not going to school. Through informal education and supportive education programs, we were able to enroll them into formal schools.

- Health concerns were a big issue in Ramapir no Tekro when Manav Sadhna began its work. Thus, we created a health center which initially attracted 200 patients daily. Now, with constant health improvements and treatments provided by Manav Sadhna, only 30 patients visit the health center every day.

- Snacks and milk are provided to over 500 children everyday at the community center. The healthy nutrition we provide creates a positive impact on children's health.

Every morning and afternoon, around 500 children come to the center for education and nutrition.
Women and girls enjoying the Garba together at the community Center. (Above)

Festival celebration with kids at the community center (Right)

- Dental Clinic at the Community Center provides dental treatment and spreading awareness in the communities.
- Paryavarna Mitra space for the rag picker women provides livelihood to around 100 women.
- A space for elderly people do the Bhajan and Chanting every Monday evening.
About Manav Gulzar

Ram Rahim no Tekro, is a large slum area which is home to over 60,000 residents, consisting of Hindus, Muslims, and Christians. Manav Gulzar’s programs impart values, hygiene, literacy, spirituality, culture, and social skills while also nurturing the development of life skills. We focus extensively on nutrition and health. In spirit with the meaning of “Manav Gulzar”, we are dedicated to nurturing each child so that he/she may blossom to their fullest potential. Manav Gulzar humbly works to promote values, education and awareness in order to help the local community overcome challenges and grow.

Programs at Manav Gulzar Community Center

Supportive Education, Health, Community Building, Nutrition, Sports, Arts and Crafts, Saving for Children and women, Elderly care, Festival Celebration

Education Program

Provide value based education, and promote basic values like personal hygiene, prayer, and good habits to over 350 children through the Supportive Education Program.

Nutrition Program

The Healthy Nutrition provides nourishing food to over 400 children at the center every day.
Story of Sonal

While Artiben, one of our teachers was doing field work, going to family’s homes to talk about the center, the community and our programs, she met a girl called Sonal. At this time, Sonal used to gamble and eat tobacco, and had never been to school before. Arti Ben put her hand on Sonal’s head and said she should not do these things, and should instead come to the center. Sonal then said she has never been to school before and she cannot read or write, what will she do at school? Arti Ben decided that although she was older, she should teach Sonal in her 2nd grade class. Now Sonal can not only read and write, but has taken an interest in dance. She no longer gambles or eats tobacco, and even handles the class when Arti Ben steps out. She has gained and developed strong leadership skills by coming to Manav Gulzar and completely changed the direction of her lifestyle.

Recently Sonal has taken those leadership skills to a new level. While the boy’s football team has been doing well, Sonal was adamant about having a girl’s football team as well. She was told that if she could put together a team then Manav Sadhna would provide coaching. She took leadership and put together a team of 25 girls. Now, every Sunday the girls receive coach similar to the boy’s football team at our football ground.

Health Awareness in the community

To increase health related awareness in the community at MG we run a series of regular medical camps such as eye camp, general camp etc. Through these camps we are able to serve many needy patients, giving them checkups to ensure that their health is kept up to a good basic standard.

Saving Program

Saving Program for women and Children aims to creating the habit of saving money.

There are 76 Children and 31 women involved with this program and saves their little earnings.
Community Involvement
1. Community cleaning by the children celebrating
2. ID Festival celebration with community
3. Elderly Care - Bhajan Satsang with every Monday at the center

Computer Education : Beneficiaries : 150 Students
The computer project started three years ago and we have been providing computer classes at a low cost. We provide a platform through computer education where they can learn a new technology in a loving and caring environment. In the computer class there are around 70 students who have completed their course and 53 of these students have received a computing certificate in this year. They not only gain knowledge but also career skills that will be useful in future.
Other Highlights of the Year

1. Children enjoying the craft activities at the center
2. Distribution of school shoes to the children
3. Around 200 Women and children enjoying the hindi movie screening at the local theater
4. Children walking to the Gurudwara as part of their educational field trip
5. At Manav we hosting Adolescent classes every Saturday
6. Hygiene Class at center
About Shankar Bhuvan
Shankar Bhuvan is a large slum in the Shahpur region of Ahmedabad. This predominantly Devi Pujak community is mostly engaged in small-time trading of waste materials, fruits, and vegetables. Manav Sadhna has established a strong base in the community through various programs for children and communities. The programs include education, nutrition, health, arts and crafts, and community building.

Highlights of the Program
• 175 children come every day to the center for education.
• We have included values (hygiene, good habits, etc.) as a part of our education program
• We provide a nutritious snack and a glass of milk to the morning session students (grades 1 through 5). In the afternoon, we provide a nutritious snack or fruit for the students of grades 6 through 10.
• Right to Education (RTE): For the first time, Shankar Bhuvan’s community was exposed to the provisions of the Right to Education law. We helped the community parents with the documentation requirements and successfully submitted 23 applications for the RTE program.
• Distributing 200 plus garbage cans in the community to improve cleanliness and health hygiene.

Success Story...
Hetal is a 9th standard student. Her mother has HIV, and her father passed away from HIV just under a year ago. Despite all her troubles at home, Hetal still works very hard at school and has successfully achieved 98% in her 8th standard exams. Her dream is to become a policewoman, and she continues to work hard to fulfill her dream. Her older brother is the sole earner of her family. He is Hetal’s primary source of encouragement. Hetal is a wonderful source of inspiration for many others!

Shankar Bhuvan Community Center
With loving support from Team Seva
www.teamseva.org

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About Loving Center

In partnership with the Katherine and Rohit Desai Family Foundation in New York City, the Leprosy Center (aka Loving Center) was constructed in the heart of the community in 2009. The Loving Center has become a focal point of the community and provides residents with a beautiful shared space to call their own. It is an impressive facility, which serves to uplift the community by providing essential services including...

- Manav Sadhna workshops and educational programs
- A venue for festival gatherings and shared meals
- Community-wide meetings and programs
- Free dinner program for begging members of the community with no family
- The Anganwadi educational program
- A lighted area for children to congregate and study, as well as play
- An outdoor courtyard providing a cool, clean area for residents to sleep when their homes get extremely hot during summer
- An indoor shelter for residents whose homes are prone to flooding during monsoon season

Medical Treatment
Free medical supplies to treat wounds of people with leprosy.

Strengthen Education
Provide education to 20 boys and girls. Provide education support to the needy students of the community.
**Bhav nu Bhojan – Food With Love**

Every day 30 elderly Leprosy people from different faiths who come to dine every day, sharing the experience and offering a prayer of thanks.

---

**Leadership Activates**

Loving Leadership Group of 30 boys and girls

- Organized Tree Plantation
- Helping Others
- Dream Class for young girls

**Dance Activates**

Festival Celebrations with the community

---

**Women’s Program**

- **Sewing Project:** Income Generation Program for women
- **Saving Program:** 52 members who save money on a monthly basis to enable them obtain better interest rates.

---

**Highlights of other events during the year**

- On the 2\(^{nd}\) of September the CONNECT INDIA group, consisting of 17 teenagers, visited the Loving Community Center. They participated in group activities like the tree plantation, cross cultural exchange, and playing games with the children in the tuition class, dream class and leadership group. In the evening, they helped in the kitchen to prepare and serve food to all the elderly people from their loving hearts.

- On the 8\(^{th}\) of December, a group consisting of 40 volunteers connected with the project MOVED BY LOVE from the Environmental Sanitation Institute, Sughad, visited the Loving Community Center. They spent the whole day with the leadership group children painting on the walls of the Anganwadi building, cleaning the community toilets and attending to wound dressings for the Leprosy patients.

- In October three college students were sent to the Tata Consultancy Services, Gandhinagar, Infocity. Here they were provided with training to use computer technology to teach literacy skills to adults.

- On the 16\(^{th}\) and 20\(^{th}\) September, two TEACH FOR INDIA teams from Pune and Mumbai came to the community center. They spent valuable time with the children, and served elderly people at the Dinner Program.
Vidyadham and Bal Sanskar
Beneficiaries: 400 Children of 6 to 15 years

Objectives

<table>
<thead>
<tr>
<th>Reading/writing skills</th>
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<tbody>
<tr>
<td>Value-based education</td>
</tr>
<tr>
<td>Increase self-confidence</td>
</tr>
<tr>
<td>Overall character growth</td>
</tr>
<tr>
<td>Connecting students with communities</td>
</tr>
<tr>
<td>Increase creative knowledge</td>
</tr>
<tr>
<td>Inspire hard work and determination</td>
</tr>
</tbody>
</table>

- Provide value education to 400 children ages 6 to 15 years old at the community center.
- Provide healthy nutrition to children ages 10 to 15 years old everyday at the center.
- Provide milk and healthy breakfasts to the lower primary children (6 to 10 years old) everyday.
- Creative activities including cultural activities, arts and crafts, library classes, and computer education have been provided to children through out the year.
- Regular parent-teacher meetings are conducted so that teachers and parents know about the progress each student is making.
- Children were taken to the various places in and around Ahmedabad as part of their visit.

Children learning library activities.

A morning class at Ramapir No Tekro Community Center.
Nutrition provided to over 400 children everyday at the community centre along with education.
Objective

Mahatma Gandhi Computer Center has been established for students who cannot afford commercial classes outside. Admission has been open to students who are seeking for better careers in computer fields. In the last fourteen years, more than 9000 students have taken computer education classes. There are many students working in the private and social sector, upgrading their living status.

Highlights of the Year

- Courses run during the year include MS office, Accounting Software, Graphics, Internet, C+, Web Design, and Special School Course.
- There are 336 students and children who have received computer training in areas such as MS office, Graphics, and Accounting during the year.
- English and personality development classes are held every Saturday.
- Certificates have been distributed to students of this program.

Affiliation with Dr. Baba Saheb Open University

310 Students received computer education through a distance learning program run by the University.
E-class
Ashramshala—Manav Gulzar Center—Community Center
Possible with the loving support of Team Seva and Yuva Unstoppable

About E-Class
We have always wanted to do more for our very gifted students to help them excel, but we have had a difficult time finding the right programs to achieve this goal. We have seen how computers and other technology can help students (who struggle with basic things like reading and writing) catch up with their peers, as well as help gifted students excel even further. This year (2015) in January, Intel donated laptops to us to help fulfill these objectives.

The chief of Intel in Gujarat came himself to give our students some initial exposure to the technology they would be using. He explained how these products are used in offices and provided a hands-on experience for the children with the technology. This program is helping expose our children to the kinds of modern technology that are increasingly becoming part of day-to-day life here in India. The laptops contain many learning resources including curriculum books and virtual lab experiments to help the children learn. The laptops also have wifi capabilities as well as the ability to project lessons on a larger screen at the front of the class. This project is aimed at much more than simply teaching computer skills. It provides valuable exposure to current technology, immersing our students in the modern world.
As the *Earn and Learn* name implies, children can focus on learning while still earning wages to help support their families. Many of the children who have participated in *Earn and Learn* have joined us as teachers, field workers, and coordinators, sharing the opportunities they received with others.

**About Earn and Learn**

Education is an important part of *Earn and Learn* project. Besides making cards, children learn about various subjects for two hours each day.

**What we do**

Our *Earn and Learn* family consists of more than 32 brothers and sisters. They range from 12 to 16 years old. Each of them must attend a formal school to be part of *Earn and Learn*. *Earn and Learn* helps put drop-outs back in school. Mentors visit their homes regularly, spend time with their families, and are always available to them.

*Prayer is daily part of the *Earn and Learn* program (above)*

› Ranjana one of the student of *Earn and Learn* enjoying making cards (Above)
› Jagatbhai teaching the art of making cards to a student (Right)

Education is an important part of *Earn and Learn* project. Besides making cards, children learn about various subjects for two hours each day.
Dr. Akshat Patel is associated with Earn and Learn project for long time. He offered donation of grocery kit of grains, rice, oil, suger, tea etc. for the earn and learn children. While distribution Jagatbhai gave a meaning thought against the children that “If we have enough grocery in our homes then we should offer this kit to the family who really more needy then us” He also told them to share their experience on Friday meeting.

“Utsav one of boy , he donate the grocery kit to a sweeper, who collects litter from his house everyday.”

Hetal gives that kit to an old lady. Her son died in accident and raising her two young daughters begging on the streets. She has no source of Income. Hetal felt that the old lady is neediest so she preferred to donate.”

New Designs of the year

Kids sharing their foods with each other (Left)

A new website for Earn and Learn is launched. www.earnlearn.org (Right)
Highlights of the Year

1. Craft exhibition organized at the school in Ahmedabad
2. Grocery kit distributed to the children of Earn and Learn
3. Team of young boys are trained for the painting work
4. School supplies has been distributed to the children
5. Visit to Gandhi Ashram
About Parikshitlal Ashramshala

Mahatma Gandhi established the Gujrat Harijan Sevak Sangh in 1932 to give impoverished children a value based education. Under this organization, Padmashree Ishwarbhai Patel started the Parikshitlal Majmudar Ashramshala in the Sabarmati Gandhi Ashram in 1979. This was one of his first efforts to educate the neglected and downtrodden sector of society. Manav Sadhna has been supporting and strengthening this hostel since 1989. From its onset, the Ashramshala hostel has aimed to improve the lives of children, mainly from the Valmiki community, through an education revolving around values and life skills. Manav Sadhna continues to support this mission. The Valmiki community is generally associated with civic sanitation. Consequently, they are often discriminated against and seen as outcasts of society.

- **Education**: We focus on subject areas such as math, language, and values and ensure that the children are performing at their fullest potential.
- Provide **health care** to children through various health programs of Manav Sadhna during the year.
- Various **festivals** are celebrated with much enthusiasm during the year.
- Various **sports activities** are held throughout the year.
- Children participate in various **dance and arts & crafts activities**.

Strengthening Schools and Hostels

- Parikshitlal Ashramshala (Hostel) 120 boys and girls
- Thakkarbapa Ashramshala (Hostel)-100 boys and girls
- Vinay Mandir School (Residential School)-300 girls

Loving & caring support by Mehta Family Foundation-USA
Various activities at Ashramshala during the year

Raksha Bandhan celebrated with much joy in Ashramshala (Above)
Teachers had organized hairstyle competition at the Ashramshala (Right)

Children Bank Visit in order to understand the bank transac-

Children enjoyed Udaipur, Rajasthan Tour

Children are busy in post lunch study session
Vinay Mandir High School, Gandhi Ashram

Vinay Mandir girls high school is the result of this saintly folks with a vision and dream to provide value based education to the poorest of the poor girls from the most interior and tribal villages of Gujarat. We are blessed to continue these amazing process these years. Vinay Mandir has provide residential facility for over 220 girls and a high school for 320 girls free of cost. We are also able to introduce many volunteers in Vinay Mandir. These volunteers shares many amazing energy, skills and spirit with these girls. These type of exposure increase their confidence and knowledge.

With the support of Mehta Family Foundation able to repair and renovate the entire hostel building. Additionally all the rooms are equipped with beds, mattresses, study table and lockers. Recently a solar systems has been installed for hot water for the girls students. A scholarship program started for the financially week girls for the further study.

Thakkarbapa Ashramshala, Naroda

The Harijan Sevak Sangh founded the Thakkar Bapa residential primary school in Naroda, Ahmedabad. This school aims to educate the local children, mostly belonging to below poverty line communities. The school was in poor condition due to lack of funds, students and poor living conditions when Manav Sadhna began to invest both the time and finance to help support it. Through Manav Sadhna’s assistance, the school has hired additional two teachers. Manav Sadhna has also appointed a volunteer who visits the school 4 days in a week. They help organize extra curricular activities such as art and craft, sports and value based education. A lot of emphasis is also placed on educating the children on the importance of cleanliness and good health.
Every human being has different interests such as singing, dancing, and drawing. These skill needs to be developed from childhood. At Manav Sadhna, these activities are performed through various projects across different centers (Manav Sadhna Community Center, Naroda Ashramshala, Shankar Bhuan Street School, Parikshit Lal Ashrmshala). We have two very good committed teachers. They go in each center and nurture the creativity and art.

Arts & Crafts

Children displaying the art they created at the workshop

Rahulbhai and Shreyasbhai teaching various crafts and painting to children

Artwork made by our children
Due to harsh work environments, demanding daily physical labor, excessive alcoholism, and usage of tobacco, men are dying earlier in Tekro. This has led to an overabundance of elderly women who are left to fend for themselves. Often, the families of these elderly women abandon them, and they cannot easily fend off diseases or are unable to make a living through employment. Some of the elderly are widowers, left without wives or children, though the majority of the elderly consist of old women, known as *maajis*. They are widows left depressed and discouraged on the edges of their communities without any companionship. Manav Sadhna has established a variety of programs to bring love, compassion, camaraderie, and support to these elderly men and women so that they can relax and enjoy their old age in community centers.

**Over 70 *maajis* (elderly women) come to the community center for *Bhajan* and *Satsang* every Monday.**

**Tyag Nu Tiffin**
18 elderly women and men receive meals twice a day through the *Tyag nu Tiffin* program, which was started by the late Raghu Makwana. Now Ramesh is continue his work

**Saving Project**
Around 200 women are involved with the *Saving Project*. Around 4 lac rupees were saved by the women last year.
Tyag Nu Tiffin ("Food of Sacrifice") organically grew in 2010 when Raghu started using the little money he had to feed three of his elderly friends. During the day, Raghu works at Gramshree, a NGO serving the women in the slums of Ahmedabad, India. Over the years, he’s built a kinship with these people, all of them turning to him like a brother ("bhai"). Catching wind of his generosity, Raghu’s friends began sacrificing a meal per week to save money for Tyag Nu Tiffin. Three years later, with the help of the Pollination Project grant and a community of supporters who continue to sacrifice a meal per week, the project now serves 18 elders. Tyag Nu Tiffin has transformed from serving food to three women to becoming a vehicle for others to give.

After sudden demise of Raghu, the task of feeding the elderly twice a day was taken over immediately by the Rameshbhai. Rameshbhai met Raghu a week ago when he passed away. Rameshbhai came with the intention to continue Raghu’s work of Tyag Nu Tiffin.

Through hot summer days, drenching monsoon rain, Raghu’s commitment to these elders was impermeable. Because of Raghu’s commitment, he was become a brother and son to everyone in the slum area. When there is a family dispute, sickness, or death, the community turns to Raghu for support, to serve as their voice. “Raghu-bhai really goes beyond doing just his duty of delivering tiffins. He was assisted families living on the streets suffering from domestic violence, broken up physical fights between mostly misdirected youth, taken children out to the movies that normally wouldn’t get this opportunity, especially the young girls, some of whom have never been out, or left their community pre-marriage,” shares Varsha Mathrani, a volunteer from the USA.
Scout Program

“Be Prepared! Be prepared for God, be prepared for your country, serve without any selfishness.”
-Scout motto

With the support of Taj Global Understanding, the Scout Program was launched in 2011. The main goal of the scout project was to nurture young boys into good, mature citizens within their communities. We want to support and inspire them to work for the advancement of their community, being helpful, faithful, and serving for betterment of society.

- All the members are underprivileged boys, living in the Tekro-community, in a slum not far away from Gandhi Ashram.
- The scout’s troop is officially registered as an open troop.
- The general scout’s meeting is held on Tuesdays but several scout activities take place at Manav Sadhna’s Community Center in the Tekro-slum every weekday in the evening, from 6:00 pm to 8:00 pm.
- Leadership training is a critical portion of the program.

Achievements:
- The Scouts know how to swim and have received official ambulance-man certificates
- In their own communities, they are respected due to their positive attitude toward service. They can often be seen cleaning their communities.
- We can proudly say that all the boys have reached the second rank within the Scout Program and are aspiring to achieve the next level: Tritya Sopan.

This program is successful in changing the attitude of boys, who are given respect by the members of their community in response to their great integrity.
Manav Sadhna’s sports programs have been running since 2011, starting with football and later adding volleyball in 2013. Basketball and Frisbee were introduced in late 2014. The success of these programs have led to the recent introduction of other sports such as badminton, kabaddi, and khokho.

There are 450 children involved in the sports program, playing various games.

70 boys and girls ages 8 to 18 are currently playing football, a program that initially only had 10 boys.

25 girls are currently participating in volleyball.

Basketball is also popular among the students. There are about 20 students regularly playing basketball.

Won the inter-school volleyball tournament! (Above)

Boys participation in local soccer tournament (Right)
Dance with heArt

Community Center—Manav Gulzar—Ashramshala Hostel—Earn and Learn Project—Shankar Bhuvan Center—Loving Community Center

Dance with Heart is a program initiated in 2004 that focuses on recognizing and nurturing children’s talents, such as dance, drama, and singing. This program gives them an opportunity participate in activities other than academics and learn that there are many other fields of study that they can be a part of. Dance with Heart also relieves the children of stress and allows them to have fun. All their lives, they’ve seen Bollywood dancing, singing, and acting on TV, but this program gives them a chance to translate what they’ve seen into reality. Furthermore, many of these children have never had the opportunity to exhibit their talents. Through this program, they are encouraged to let go of their fears and focus on something they love.

Purpose:

- Allow children to exhibit their talents
- Enable children to learn new skills
- Inspire children to develop their talents alongside their studies
- De-stress children and have them enjoy life
- Teach children about different festivals and moral stories via these programs
- Educate children in the different forms and styles of music, dance, and drama
About Prem No Parivaar

Manav Sadhna wanted to give children an opportunity to build their confidence and share their talents with those around them. From this desire sprung Prem No Parivar, an emotionally driven production that weaved elements of art, dance, drama and music into a seamless two hour performance that presented real life-changing stories of street children who have been connected to Manav Sadhna. With only two months of preparation time, a strong volunteer team of artists, musicians, choreographers, playwrights, and other dedicated members worked every day with over 170 children ranging from ages 6 to 15 in order to put together this heartwarming performance on February 26, 2015. The morning performance was held for the family members of the children and the evening performance was open to invited guests. One of the guests who attended Prem No Parivaar was Smt. Anandiben Patel, the Hon’ble Chief Minister of Gujarat.
Earthquake Relief and Rehab Project

Manav Sadhna Serving in Nepal

Post-Earthquake Relief and Rehab - May 2015

The Nepal Earthquake

During the afternoon of April 25th, a 7.8 Richter scale earthquake shook most of Nepal into devastation. Thousands of lives were lost and many more were seriously affected. According to recent reports, more than 600,000 homes need to be rebuilt across the country. On April 12th, a second earthquake measuring 7.3 in intensity hit the country once more, intensifying the destruction of the nation and escalating the fear of the people.

A team of MS volunteers were already planning to head to Uttarakhand to follow up on the initiatives we facilitated after the natural disaster two years ago. As soon as we heard about the national disaster in Nepal, our hearts reached out to the people. As our tickets were confirmed only until Delhi, we felt the universe was supporting us and we immediately rerouted our plans to Nepal.

The MS team, consisting of 10 volunteers, arrived in Kathmandu on the evening of May 6th. With the assistance of the CG Group, we spent two days assessing the aftermath of the earthquake and visited a few affected areas. We assessed two clusters, Bakultar and Ranipani, consisting of nearly 300 homes. Most of the homes had been completely devastated into mounds of rubble, while the surviving structures were damaged beyond repair and dangerous to inhabit.
The Work

Med Support to Dhusikhel Outreach Clinic  Community Clean-Up  Architect/Engineer Visit

Surveying the Village  Helping Salvage Bricks and Clear Rubble  Meet with the Local Youth

Distributing Galvanized Steel Sheets, Tarpaulin, Blankets and Food

Looking Forward

April 25th and May 12th earthquakes coupled with the endless aftershocks have really shaken the confidence of the people, especially the children. They require continuous emotional and psychological support so that they may completely heal from the trauma. If all partners involved can successfully raise the required funds, then we will move forward with reconstruction the homes and community of Bakultar and Ranipani. For detail update and support you can log on to manavsadhna/nepal
**HimGanga Manav Utthan Trust**

Manav Sadhna has always actively responded in times of natural disasters: the Kutch earthquake in 2001, the Southern Indian Tsumani in 2007, and the Nepal earthquake 2015. In 2013, Manav Sadhna was moved to serve in the region of Uttarakhand after devastating flash floods. After sending teams of karyakartas and volunteers to aid in relief efforts, Manav Sadhna invited a group of villagers to witness its projects run in Ahmenadab. Inspired by the pure intentions and hard work of the karyakartas, the group developed their own initiatives in their region of the Himalayas. With the support of MS, a Trust organically emerged to support the local initiatives. This year, HimGanga ManavUtthan has become a registered trust composed of Manav Sadhna volunteers and local villagers.

### Ongoing Activities

- Women Empowerment
- Making of Handmade Bhagirathi Dolls
- Value-Based Child Education
- Tree Plantation
- Environmental Awareness
- All-Religious Festival Celebrations
- Everyday Nutrition
- Saturday Specials

The local initiatives supported by the Trust include many activities that support the people and bring life back to the region. Through the women empowerment initiative, 15 incredible women come together to create beautifully handcrafted products including handmade Bhagirathi dolls. More than 80 village children are taught values and nutrition through the dedicated education provided by three amazing teachers in indoor and outdoor classrooms. Through tree planting, organic farming, cleanliness drives and environmental awareness campaigns, the region is witnessing growth at both the human and the environmental level. “Jai Ganga Maiyaki”
Festivals have significant stories and much history behind them. These stories are the key to understanding the rituals and customs that are performed during the festivals. Festival Celebration is one integral part of Manav Sadhna’s projects. Manav Sadhna believes in the motto “love all, serve all” and respect for all religions. Thus, we celebrate festivals of all religions. The festivals unite entire communities consisting of different castes, religions, etc. There is no discrimination while celebrating. We at Manav Sadhna celebrate a large variety of festivals with children and other community members at all the community centers. Last year, we celebrated many festivals with much joy and enthusiasm.

Christmas celebration at the Riverfront Park. 1500 children from all the centers enjoyed the event.

Independence Day celebration (Left)
Raksha Bandhan celebration at Ashramshala (Right)

Ramadan Celebration at Manav Gulzar Center
Janmasthami Celebration
Saturday Special

A day devoted to creating a happy childhood experience

About Saturday Special

Manav Sadhna developed the Saturday Special Program as a way for children from slums to experience a happy childhood. Every Saturday, 150-170 children participating in programs such as Children of Bal Sanskar, Tuition Project, Earn and Learn Project, Shankar Bhuva Street School, Manav Gulzar, and Ashramshala come to Manav Sadhna. They perform an “all religion prayer and proceed have two hours filled with fun, games, and value based activities. Through Saturday Special, the children can form relationships with one another and learn life values such as hygiene and sanitation. This project also allows children to display their unique talents through different venues (storytelling, songs, dance, arts and crafts). At the end of the day, children are given a tasty, filling meal.

- Provide a value based education
- Create a fun and safe environment for children who are often working in hazardous environments
- Expose the children to new people and innovative ideas
- Give the children a chance to express their inner talents and desires

Kids enjoying meals after a Saturday Special session (Left)

Girls enjoying local sports during Saturday Special (Right)
The Environmental Sanitation Institute (ESI)
The Environmental Sanitation Institute (ESI) is a non-governmental organization based on the Gandhian values of environmentalism that strives to provide a better quality of life to rural peoples and the urban poor of India by improving their sanitation situation. The Institute was born in 1985 out of its mother NGO, Safai Vidyalaya (“sanitation institute”), under the leadership of Late Padmashri Ishwarbhai Patel. The Environmental Sanitation Institute tackles the problem of sanitation with the holistic mindset that the issue affects the environment, health, education and economy of the whole country. Log on to www.esigujarat.org for more details.

Mission
- Provision of access to basic sanitary needs to the rural and urban poor
- Upgradation of rural and urban health through education, motivation, and community participation
- Upliftment of down trodden people, especially sweepers and scavengers

Vision
- Providing orientation and training to government and NGO officials on sanitation under the central government of India’s Total Sanitation Campaign (TSC).
- Providing orientation and training to students, teachers, health workers, masons, etc. on local sanitation issues
- Functioning as a nodal agency between the government and other NGOs in the construction of individual household latrines, school sanitation complexes, smokeless ovens, and soakage pits.
- Developing cost-effective sanitation technologies and implementation strategy

PROGRAMS
- Public Private Partnership
- Key Resource Center
- Lok Mitra Project
- Orientation of Sanitation Inspector
- Anganwadi Worker Training Center
- Nursing and Medical Students Training
- CSR Project
- Smile ki Savari
- Moved by Love
- Mal Darshanam
- Safai Vidyalaya
- Amrut Sanitation Project
- Urban Sanitation Project
- Nandini Service on wheel
- Internship Project for BRS, MRS, MSW Students
At Gramshree we encourage each woman to be a seed of change, so that she may strengthen her family and inspire her community. With her own hands and our skill training in embroidery, patchwork, catering and stitching she earns her economic self-reliance. Through our programs in health, education, personal finance and leadership training she discovers her confidence. And amidst our loving and supportive network of women and staff she finds her family. In this transformational process, each Gramshree woman is able to redesign her destiny. We work with women in Ahmedabad and the rural regions of Patan and Kachchh.

Supporting the survival of artisans and preserving craft traditions is also part of our mission. We work with the artisans to innovate on designs, improve techniques and ensure fair wages. Our marketplace carries products from a variety of partner organizations that promote craft and social development. Craftroots is a unique platform that showcases and brings into spotlight the best of craftsmanship from Gujarat. Craftroots, an initiative of Gramshree aims to empower artisans by connecting them to our resources, tools and network of partner members.

Log on to www.gramshree.org for detail information

Craftroots
Craftroots was born to revive, preserve and share the craft traditions of Gujarat, India with the world. We aim to bring together people, process and technology to revive our traditional craft and building an eco-system with partner members to develop a scalable and sustainable model for craft development. Our partner members include Artisans, NGO’s, businesses & corporations, prominent designers, architects and educational institutions that specialize in design & development of various craft forms. At Craftroots, we support Fair trade and Craft mark certification standards.

Log on to www.craftroots.org for detail information

Seva Café
In the face of increasing war, poverty, hunger and greed, we introduced a social experiment four years ago by the name of Seva Café. Seva Café is an experiment in the shared joy that comes from humble giving and selfless service. Our wholesome meals are cooked and served with love by a dedicated team and volunteers and offered to our guests as a genuine gift, paid for in full by previous guests. As more participate in the joy of giving, the more the experiment thrives. It begins with a single gift: first given, then received... multiplied, and given again, in a growing chain of kindness and care. We hope this Circle of Giving leaves our guests feeling more nourished, and inspired to carry the experiment forward. All costs and income are made transparent, and
Gujarat Harijan Sevak Sangh, Established by Mahatma Gandhi in 1932: This organization works towards the removal of caste discrimination and the upliftment of the poor. They have established a number of hostels such as the Parikshitlal Ashram Shala, which cares for 107 children from the scavenger community. Manav Sadhna began its efforts with this Ashram Shala and continues to help support the hostels.

Sabarmati Harijan Ashram Trust: Established by Mahatma Gandhi in 1915. This trust operates educational institutions such as the Vinay Mandir and the Primary Teachers College. Manav Sadhna has been involved with the repair, renovation, and building of these complexes and old residential and educational buildings across the Gandhi Ashram with the support of this Trust.

ICDS, Govt of Gujarat: In 1975, the Government of India launched the Integrated Child Development Scheme (ICDS) to improve the health and nutrition of slum children. Currently, there are 36000 ICDS centers in Gujarat. Manav Sadhna has joined hands with the government to run 79 Anganwadis, in the Vadaj and Sabarmati slum areas.

The Mehta Family Foundation: The Mehta Family Foundation is an organization dedicated to improving lives through access to education. The Foundation had a modest beginning in 1998 the year of its creation. Starting then and continuing to today, the Mehta Family Foundation awarded interest free loans to students who had limited resources. The Mehta Family Foundation is supporting ten nutrition centers of Manav Sadha and also provides teachers for the students of Parikshitlal Ashramshala (hostel) based in Gandhi Ashram. Website: http://www.mehtafamilyfoundation.org

The Anganwadi Project (TAP): The Anganwadi Project has been working since 1999 to develop long-term community partnerships and provide design services that improve disadvantaged communities’ infrastructure and enforce sustainable livelihoods. In 2007 TAP joined forces with Manav Sadhna and Bholu (www.bholu.com) to rebuild 78 Anganwadis on the Tekro. AWF sends teams of skilled volunteers to Manav Sadhna and provides architectural support for these constructions and renovations. These Anganwadis are constructed by local laborers and use largely re-cycled materials in order to support the Manav Sadhna philosophy of ‘Re-Use, Re-Cycle, and Reduce’. So far, Bholu 1-12 have been completed. Website: http://www.theanganwadiproject.com

Flowering Tree: Flowering Tree supports women’s development and children’s education in Asia. Founded in 2006, Flowering Tree supports women’s development projects. Flowering Tree is an organization that has partnered with Manav Sadhna on the Manav Gulzar project. They have provided funding support that has allowed this project to sustain and grow into what it is today. However, their partnership is unlike many other organizations. Website: www.teamseva

Team Seva: Team Seva is focused on building a sustainable organization for generations to come. Our model requests our donors to pledge monthly amounts starting as little as $15 and up. With this structure, our organization will continue to thrive and help those that need it most. Team Seva is supporting us to strengthen Shankar Bhuvan Community. www.tarsadiyafoundation.org

Tarsadiya Foundation: The Tarsadia Foundation was established in 1999 by B. U. Patel & Pushpa Patel to honor the family’s legacy of giving back to the community and selfless giving. Guided by the belief that all human beings have value, people are the first concern of the Tarsadia Foundation. The foundation is supporting Manav Sadhna for the improve the health of the slum people. www.tarsadiyafoundation.org

Mega Circuit: A circuit board company in Addison, Illinois, whose partners have supported Manav Sadhna from the beginning, and helped start the medical center in the Tekra. Website: http://www.megacircuit.com

Service Association for the Blind: Chaired by Viren Joshi and Ishwarbhai Patel, this organization runs a residential school in Gandhinagar for 56 blind children from Gujarat villages for the first to tenth standards. Many of its activities are funded, guided and supported by Manav Sadhna. It also receives partial funding from the government. www.schoolforblind.org
Empty Hands Music's mission is to spread seeds of goodness in the world through selfless service, music, and love. All of Empty Hands Music's offerings are gifts to the world. Website: http://www.emptyhandsmusic.com

Service Space: Service Space is an all volunteer-run organization that leverages technology to inspire greater volunteerism. It's a space to explore our own relationship with service and our interconnection with the rest of the world. Service Space allows our inherent generosity to blossom out into small acts of service for the community around us. It's a space to learn how outer change is closely tied to our own inner transformation. It's about changing ourselves to change the world. Website: http://www.servicespace.org

Be the Cause: Be the Cause is a Network of individuals who not only wish to make a difference in the world, but also wish to change their own lives in the process. Realizing that change must first begin with ourselves, each project that Be the Cause coordinates meets a clearly defined need, but also gives participating volunteers an opportunity to be inspired and feel fulfilled. Website: http://www.bethecause.org

Project Ahimsa: A USA based NGO that aims to bring musical education via classical instruction to students in India. They have initiated and supported two projects with us in which we take the role of the implementers. Website: http://www.projectahimsa.org

Connect India: Connect India is a UK organisation that runs events and experiential development programmes to empower British Indians to realise their full potential to make a positive change to the world. Website: http://www.connectindia.org/

The Bindi Project: The Bindi Project was founded by Sunil Desai, Ariana Rabindranath, and Kayla Bakshi. The founders' desire to improve the lives of women and girls in India grew from a passion to reverse the injustice and immorality of gender-based violence, discrimination, and exploitation as well as a steadfast belief that the enormous magnitude of the problem is itself a threat to global security. See more at: http://www.bindiproject.org

Taj Global Understanding: In 2010, Taj Global Understanding, a US based non-profit organization, received the blessing and support from the Gujarat State Bharat Scouts & Guides to sponsor an 'Open' Troop in Ahmedabad. Taj Global Understanding (TGU) reached out to our long time friends at Manav Sadhna to make the dream a reality and bring the tools and knowledge of the scouting program to those in need. Website: http://www.tajglobalunderstanding.org

Yuva Unstoppable: Incepted in 2005, Yuva Unstoppable started as a small group of enthusiastic individuals, and today it has mobilized more than 120,000 'young people' with a simple aim of creating a better world to live in. Youth is that wonderful time in life when energy is limitless, human creativity is at its best and the 'never say die' spirit is a constant driving force. Yuva Unstoppable with its root aspiration of spreading smiles and kindness is initiating a youth voluntary movement for the welfare of the less privileged. Yuva Unstoppable inspires every youth to spare sometime of their life towards serving others, spreading happiness and extending love to all. Website: http://www.yuvaunstoppable.org

Dr. Babasaheb Ambedkar Open University (www.baou.org): Located in Ahmedabad, this institute provides distance learning to those who cannot attend school full time due to other obligations. They use satellite technology to connect centers around Gujarat with TV lecturers and experts. BAOU has a total of 142 centers (66 of which have satellite facilities) in villages and cities around Gujarat. Website: http://www.baou.org
Manav Sadhna welcomes volunteers from around the globe to join hands with us in our humble efforts to sow small but meaningful seeds of change in communities. Volunteers have impacted and inspired communities with their tireless efforts in education, healthcare, nutrition, community building, creative learning, mentorship and more.

“Manav Sadhna has changed my life for the better. When I first started I had no idea what I was getting into. I don’t know why but it felt right to join Manav Sadhna. I am so glad I did. I worked at Ashramshala and Anganwadi...

Seeing these kids have an eagerness to learn is truly inspiring. They shared their love with me from the first day I arrived, and I could not help but fall in love with them. I am so grateful to have been accepted and to have been part of this family. Thank you Manav Sadhna for being my second home, and I can’t wait to come back which I definitely will!!!

Best wishes,

Ashna Parikh., USA”

Jonathan, a volunteer from Germany, spent one year with Manav Sadhna.

Jonathan celebrating a festival with children (Right)

Emmelina, a nurse from Australia, supporting the Health Project (Above on right)
• Volunteers for one month to 1 year
• There are 70 long term volunteers came last year from various countries to serve with Manav Sadhna.
• Affiliation with UNC, USA and MS university, Baroda, VIA, Germany
• Connect India, UK and Lycee International, School, France came for service week.
• Local volunteers and interns from various universities actively joined

Volunteers Voice

“Manav Sadhna is a very caring and effective organization. After only a few days of working with them, it is easy to see how wide their reach is and how many lives they touch everyday. Volunteering with them was an amazing, albeit challenging, experience. Though I sometimes felt lost or unneeded as a volunteer, in the end Manav Sadhna helped me through it. It is clear that all their staff members truly care about advancing the organization and uplifting communities in Ahmedabad.”

Lauren Kent, NC, USA

Monikaben helping women (Above)

Martine and Constance, France teaching children of Anganwadis (Right)
Get Involved

Volunteering with Manav Sadhna

Manav Sadhna welcomes volunteers from around the globe to join hands with us in our humble efforts to sow small but meaningful seeds of change in the community. We follow Gandhian values in our work and we encourage the inner journey as much as the service journey. Manav Sadhna believes in treading the path of service with the dual forces of love and compassion.

Serving the Community

Volunteers have impacted and inspired the community with their tireless efforts in education, healthcare, nutrition, community building, creative learning, mentorship and more. We provide volunteers with a 3-day orientation of Manav Sadhna and our network of organizations in fields such as women’s empowerment and livelihood, sanitation, community media, and more. Before your arrival, we will discuss the project(s) you will be involved in during your time here. When possible, we try to pair your strengths and interests with the current needs at Manav Sadhna. All volunteers must attend the weekly volunteer meets and have the opportunity to participate in a number of other service and learning activities.

Requirements

We thank you for considering India and Manav Sadhna as the destination of your choice for volunteering. We only accept volunteers who can commit to a minimum of one month, full-time service at Manav Sadhna and/or any of our partner organizations. We also ask volunteers to plan their travel and attendance to any family events before or after the time you are committing to Manav Sadhna. If you are interested, please send us an email at volunteer@manavsadhna.org and we will send you a volunteer application. Once we receive the application we will review it and get back to you. We have a maximum capacity for the number of volunteers at Manav Sadhna at any given time, and accordingly we will inform you of the availability of volunteer opportunities during your requested dates.

The Inner Journey

As Gandhiji once said, “Service is external meditation and meditation is internal service.” We believe that serving the community is in incomplete without a commitment to understanding the self. During your time with Manav Sadhna, we encourage you to seek within and search for personal truth through any avenue that nurtures your understanding and reflection. Some mediums are meditation, personal experiments, simple living, connecting with nature.

It has been a blessing for us to work with such dedicated and inspiring volunteers over the last decades. Each person has enriched Manav Sadhna with their spirit and commitment and these shared experiences have nurtured a global family connected from the heart.

Housing and Food

We provide volunteer housing near to the Manav Sadhna campus and have separate facilities for men and women. Both housing facilities have a kitchen with required appliances. We provide a vegetarian lunch every day (except Sundays) for our volunteers at the Manav Sadhna kitchen. Volunteers must arrange for their other meals. There are also services for cleaning and laundry available at the facilities. If you have any questions please contact us at volunteer@manavsadhna.org.
Finance

Income and Expenditure chart

![Income 2014-15 Pie Chart]

- Project Income: 1%
- Khushi Bus Income: 1%
- Local Donation: 7%
- ICDS Project Grant: 2%
- Dr. Babasaheb A.O.U.: 1%
- Other Project: 7%
- Vinay Mandir: 21%
- Tyag Nu Tiffin: 2%
- Sports: 2%
- Shankar Bhuvan Community Centre: 1%
- Rudra Centre: 2%
- AWF Aganwadi: 2%
- Ramapir No Tekro Community Centre: 2%
- E-Class: 1%
- Lepers Community Centre: 2%
- Manav Gutar Community Centre: 11%
- P.L. Ashram Mehta: 5%
- Paravaran Mitra: 25%

![Expenses 2014-2015 Pie Chart]

- Art & Craft Project: 5%
- Administrative Exp.: 3%
- AGANWADI PROJECT: 4%
- E-Class: 2%
- Lepers Community Centre: 3%
- Manav Gutar Community Centre: 12%
- P.L. Ashram Mehta: 4%
- L. Parvavan Mitra: 13%
- Rudra Centre: 1%
- Shankar Bhuvan Community Centre: 2%
- Khushi Bus Expenses: 2%
- B.A.O.U. Computer Training: 1%
- Vinay Mandir: 25%
- Tyag Nu Tiffin: 3%
- Sports & Game: 2%