Dearest Friends,

Namaste. We are blessed to enter another amazing year of our ongoing service journey at Manav Sadhna. We began this journey in 1990 with four children. Now, 26 years later, we are providing value based education to 9200 children, nutrition to 1200 adolescent girls and mothers and healthcare to thousands of people every single day through 38 projects and four community centres. We feed more than 6000 children, daily. A nourishing glass of warm milk is served to more than 1500 children every day in all of our community centres. We have 278 trained *karyakartas* (employees) committed to making this daily *seva yagna* possible. Many of them joined Manav Sadhna as children; and now after receiving love, education and values for years, they have chosen to serve as Manav Sadhna *karyakartas* and community leaders. Over the years, there have been thousands of stories of transformation in both the communities and among our *karyakartas* and volunteers.

All of this was possible because of support from friends like you. On behalf of Manav Sadhna and all of our beneficiaries, thank you and God bless you for partnering with us in serving our lesser privileged sisters and brothers.

It has been a one great year since we decentralizing some of our projects such as Earn N Learn, Manav Gulzar and Paryavaran Mitra into independent NGOs has been hugely successful. All the three independent NGOs taken responsibilities in terms handle the projects, manages accounts and sharing their experience with their fellow Karyakartas. Paryavaran Mitra at Gandhi Vas in Sabarmati and Manav Seva Community Center at Shankar Bhuvan are the two new beautiful spaces created by Manav Sadhna.

With the grace of God, we are able to keep serving with the same purity, clarity, simplicity and love. Our focus is still to reach out "unto the last", a basic value practised by Mahatma Gandhi. Our annual administration cost for MS India is still 2.5% and for MS USA is 0%. So many souls are serving full time without taking a penny from the organization since day one. Every donation is received and utilized with utmost transparency.

With gratitude, we are sharing our project reports and lovingly request your continued support.

Love All, Serve All
The Manav Sadhna Family
History
In 1990, a team of young volunteers, inspired by Gandhian values, began gathering under the branches of a tree in the Gandhi Ashram every Saturday to play with street children. They provided the children with a nutritional meal and taught them about basic hygiene by cutting their nails and bathing them. This activity quickly came together into a full time endeavor working to brighten the future of underprivileged children. Under the guidance of Gujarat Harijan Sevak Sangh, Safai Vidyalaya and Environmental Sanitation Institute (ESI), Manav Sadhna was established both in India and in the United States. Today, from a quiet corner in the Gandhi Ashram, Manav Sadhna serves more than 9200 children and women through more than 38 projects. We also indirectly touch the lives of many more individuals through our healthcare and educational support projects. The projects are created based on the needs and participation of the community.

Vision
Manav Sadhna is a non profit organization based in a quiet corner of Mahatma Gandhi’s Ashram, Ahmedabad. Our mission is simply to serve the underprivileged. At Manav Sadhna, we navigate with the philosophy of love all, serve all. By seeing God in every individual (Manav), mere service is transformed into worship (Sadhna). To this end, Manav Sadhna is engaged in constructive humanitarian projects that cut across barriers of class and religion while addressing issues faced by socio-economically neglected segments of society. In executing this mission, Manav Sadhna is guided by Mahatma Gandhi’s unshakable beliefs in love, peace, truth, non-violence and compassion.

Our Inspiration
Late Padmashri Ishwarbhai Patel
13/09/1934 - 26/12/2010
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Manav Seva Community Center

Shankar Bhuvan, Shahpur

Shankar Bhuvan is a Devipujak community based in the heart of Ahmedabad and is one of the areas forming the Street Education Program run by Manav Sadhna. This project was born because of the necessity to provide nutritional meals and a stable learning environment for the kids.

In the beginning of this project, things were really different. Classes were being conducted on busy intersections of the city under the trees in the shade, but now, twelve years later, the street education program runs in a community center in the head of the kids’ community.

Shankar Bhuvan is the last community to join the Street Education Program. They have around 200 kids who are attending classes every day. They have two teachers in the morning (1st-5th standards) and three in the afternoon (6th-10th standards) who are teaching basic Gujarati and English, Math, Science, Personal Hygiene, as well as life knowledge and skills (value-based education). After class, the kids drink a cup of milk and eat a nutritious meal to give them energy for the rest of the day. Providing food for these children is the most important part in this center because the actual need of this place is provide a good health foremost and to develop a proper education from there.

Impact

This center helped enrich the lives of the people and especially the kids of the community. We could now see and feel the small changes turning their daily lives in a positive and productive outward. We are blessed to contribute to the growing future of a lot of kids through this center. In the future we are looking forward to introduce some special extra co-curriculum and community based activities and programs which may contribute to the development of the overall personality of these kids and upliftment of the community.
Education & Nutrition

Bal Sanskar Kendra and Tution Class—210 Children

Everyday approximately 210 kids come to the Center in the morning and in the afternoon. Students from 1st to 10th standard are taught different subjects in the morning and in the afternoon as well. Our teachers focus on the subjects of Gujarati, Maths, Basic English and other subjects along with the value based education on Environment, discipline, personal hygiene, etc. At end of the session, they are provided with a glass full of milk and some nutritious food. It brings all of us great joy and satisfaction to see their beautiful smiles each day.

Manav Seva Inauguration

Manav Seva is project accomplished with efforts of Manav Sadhna and Team Seva. The plans for this space have been many years in the making and we all felt very blessed to inaugurate our new community center in Shankar Bhuvan on January 20th, 2016. On the same day as the inauguration, we were able to feed a meal to hundreds of kids in the community.

About Team Seva

Team Seva is focused on building a sustainable organization for generations to come. Our model requests our donors to pledge monthly amounts starting as little as $15 and up. With this structure, our organization will continue to thrive and help those that need it most. Team Seva is supporting Manav Sadhna to strengthen Shankar Bhuvan Community. For more information log on to www.teamseva.org.
A team of approximately fifteen practitioners including four Senior Dentists from Dept. of Community Dentistry in Civil Hospital came to Manav Seva Center, providing their services to the Shankar Bhuvan community for a very productive Dental Awareness We were blessed to have our first medical camp at the Manav Seva Center. Our team was able to organize a general medical camp for the Shankar Bhuvan community people free of charge with partnership of GCS Hospital.

1. Once in an every month, kids from Shankar Bhuvan Community are provided with an opportunity to come and enjoy playing different games.

2. A group of 8 student- volunteers from France visited Manav Sadhna. They had four sessions with the students of the tuition class teaching Maths, drawing and Science. They performed some creative activities and explained some science projects.

3. Kids enjoying the dance.
Manav Gulzar Community Center

A brief about the year 2015-16

Every year Manav Gulzar touches the lives of more than 2500 souls through our various projects. The year passed with full of learning activities for all of us. With the blessings of our donor, volunteers, supporters, children and community we could do much more than we thought when we started the year. Please read the few examples of each project and the work which has done at Manav Gulzar during this year.

Projects at Manav Gulzar

Value Base Education to over 315 boys and girls
We focus on value-based education to promote the development of the children, teach them good health and hygiene practices and provide an opportunity for each child’s inner strength to develop. We have designed a unique value-based curriculum focused 9 core values during the year and 30 different values in everyday process.

Women’s Saving Program
The project started with the aim of enhance the status of living through the saving. This year total 42 women participated in this program. Each women were working really hard, earning money by selling vegetables, pilling garlic, etc. each of them were trying to save some amount by saving 10-20 rupees every day or few days in a week.
Sewing Class

The sewing class is both interesting and helpful for them, since they are able to work at home and start earning money. This year, we trained 105 women of the community.

Computer Education

This year we trained 160 kids in our computer center. The course they were studying were, DTP, M.S. Office, Talley etc. we gave certificate to 20 kids who were excellent in each course and have completed with good rank.

Bal Bachat Mandal

Children’s Saving Program

Most children receive one to two rupees daily from their parents. They use the money to eat unhealthy and unhygienic junk food. This project is aimed at teaching them the importance of good nutrition and also creating the habit of saving money; helping their parents with that money.

Meet Muskan

We were taking final exam of the children in March. We included value based paper also during this exam. In that subject one of the questions was on parsimony A 13 year old Muskan wrote her story in the exam paper which was really touching. Last year she learnt about saving in our center and she decided to start saving money. Before few days ago of exam one relative expired in her family who live in her native place which was in other state and was very far from here, and at that time her mom dad had no money in home so they were very worried because the ticket cost was around one thousand rupees for per person, when Muskan returned from school she heard about the situation and came to us to take her money at that moment she gave her mom dad her saving of one thousand rupees. Her parents were so happy because her daughter learnt good values and help that when they needed.
Art and Creativity

In the afternoon shift there were total 28 students in the art class from 85 students. And in the morning shift we had 200 kids out of 200 who were learning arts in our center. To develop their skill in the art we try to give them a space where they can bring their creativity in.

Sports

The purpose of our sports program is to nurture children’s interest in sports and to teach them different values as well as make them strong physically and mentally. This year total 20 kids in our football program, 11 in volleyball, 4 in badminton, 7 in freezbee and rest of the kids were in other sports like, kabbadi, kho-kho. Approximate total 100 students we help them to develop their skill in sports.

Inspiring Story of Payal

Here at our center there is a sweet girl called Payal. Payal’s father is a Rickshaw driver and her mother sells vegetables at the market just down the road. Her family is not at all wealthy and needs a lot but despite this lack of material goods their family and community values are exceptionally strong. This was extremely evident through a small act of kindness that Payal, a student at the center, exhibited.

At the start of the year the staff instruct the children to give one of their 6 note books which are provided by the center (that are very useful for keeping information and practicing writing in) to someone that they think needs it more than they do. It is asking the children to give selflessly to those they identify as needing help. The value of service and generosity is exemplified in this exercise.

Payal has a bench partner at her school, and to be blunt, they aren’t the best of friends and are often at ends with each other. Despite spending time together it wouldn’t be seen as a pleasant friendship. Payal’s bench partner is like Payal in the fact that she is not well off and is in need of the service and kindnness of others at points in her life. The last person you would imagine Payal to give her book to would be her warring bench partner. In fact, you would not blame Payal for keeping the book given her situation. But the person who she disliked most was the very person she gave it to. Asking the children to act selflessly lead Payal to build bridges over a failing friendship. She felt the rich reward of practicing good values and kindness.
HEALTH PROGRAM

- General health camps for over 350 students in standards 1 through to 10. With the colder weather at large the children were checked for cold and flu symptoms along with general health, weight and dental checkups.

- An eye camp was arranged for 40+ age of community members. It was a full-fledged eye camp with over 276 patients being assessed and 22 patients diagnosed with cataracts.

Women Empowerment

Adolescent girl’s project: About 40 girls from the 12-18 age category, the 6-10 education standards, the sewing and computer classes and local community attended and learned about women’s health and self-defense. This safe space has been provided to encourage sharing and help create an environment where the young girls are able to talk about any issue or concerns they may have.
Highlights of the projects

Thank you

Throughout the whole year, and especially again at this time, we are extremely grateful to our main donor Flowering Tree and other local supporters for putting faith in us. Without your support we could not do the work we do here. Indeed, this May our staff went out into the field to tell even more people about the positive work the center is doing. This entailed going from house to house to invite more of the community to participate and capitalize upon the work that occurs at Manav Gulzar.
Community Center Ramapir No Tekro

Community Building

Through the years, we have adopted the practice of developing Community Centers in the heart of urban slums as a space that enables the holistic development of the community. We have initiatives for all ages including value-based education classes for the 1st-10th standard and an integrated arts and sports programs. We also have adolescent girls’ and boys’ programs, women’s groups and savings projects, computer and vocational training, health and hygiene awareness, health camps and door-to-door medical consultations, elderly care, gym and youth leadership, livelihood support, community outreach and more.

Manav Sadhna Community Center, Ramapir No Tekro: Established in 2004, we built the Center from local recycled materials, with support of the local community. We serve more than 800 children, youth and women and seniors daily.

Community Programs

- The saving program for the women continued this year also with the 100 women on every Tuesday and Friday. RS. 89000 of has been saved by the women during the year.
- The community center has been opened for the people for the community program such as marriage, community events, Music program etc.
- All the major festivals has been celebrated at the community center and invited to the people living surroundings the center.
- Every day 500 children received value base education and healthy nutrition morning and afternoon session.
- Saturday Special organized for the Paryavaran Mitra sister every Saturday at the center between 4 to 6 pm.

- Women gathering for the saving at the community center (top)
- Elderly womens enjoying Bhajan and chanting every at the community Center. (bottom)
Community Health Programs

- A health clinic runs 6 days a week providing health treatment and medicine with the 5 rupees token charges. This year approximately 9000 patients were given treatment at the health center.

- A dental clinic has been set up inside the community center in order to provide low cost dental treatment for the poor patients of the community. Around 1000 people were given dental treatment almost low cost.

- Health awareness and Medical camps are organized for the community through the Manav Sadhna’s health programs. This year around 1500 people covered under the various medical camp organized with the local doctors and government hospitals.

- Girls adolescent program organized at the center twice in a week for around 80 girls by the Anganwadi team.

- Gym has been running for the last 7 years for the youth in order to create health awareness and also bring the positive changes about the addiction. There are 80 members registered this year for the gym exercise.

Other Community Programs

- Community Information Center has been set up in order help regarding various government schemes and help filling out various forms on line such as election card, Adhar Card, Ration Card, Health Card, etc for 300 people.

- Batuk Bhojan (Feeding kids) program feeding every year at the community center. This year we have provided meal to over 600 children at the community center.
Vadil Vatslya Program (Elderly Care)

- We organized Bhajan (spiritual songs) and satsang (meaningful discussions) every Monday for nearly 80-90 and Bhajan and gathering for nearly 40 elderly men at the community center.
- We also organize annual excursions at the various religious places and provide long-term health care and medications.
- Inspired by the beautiful Indian tradition of offering a handful of grains to birds and animals every morning, we started the Mutthi Anna Dan Project. Local donors place a handful of grains daily in a jar and at the end of the month they donate the collection to Manav Sadhna. We distribute the grains to vulnerable widows who have no alternative for earning or filling their stomach. This year 68 elderly women able to get the benefit of the project.

Tyag Nu Tiffine (Food for Compassion) We also run Tyag nu Tiffin, a daily food delivery project for the elderly who are vulnerable or alone. The kitchen has been set up near the community center. Ramesh continues legacy of Raghu who initiated the project two years ago. Unfortunately Raghu died in a road accident but Ramesh taken over this task.

For the last two year Ramesh delivers two meals per day every day to 18 majie and kakas (elderly women and man). Ramesh not just deliver the tiffin but make sure that they eating properly and also he takes care of them while they getting sick or unwell.
Bal Sanskar and Vidyadhram

Objectives of the Program

- Aid in the development of children through value-based education,
- Strengthen children and improve their reading and writing skills,
- Bring out the potential and individual talents of the children so that they may grow up to be productive and happy members of their communities,
- Give basic education in reading and writing to children who have not been a regular part of the formal education system and to bring them to a level at which they may be enrolled in formal schools,
- Supply children with nutrition and teach them good health hygiene practices and values,
- Teach children the value of service,
- Help students in their academic education,
- Develop their potential raise to the kids,
- Help student become a self-learner so the student can be a model citizen to their community,
- Help in choosing their career.

Bal Sanskar Program

- 225 kids -Class 1 to 5 - 9:00 to 11:00 am five days a week
- to provide academic and value based education
- Also we have noon balsanskar Kendra and 55 students are come and get supportive and value based education from 3:00 to 5:00 pm.
- Healthy nutrition and cup of milk provided to the 225 kids five days a week
Vidhyadham after school program

137 Students of class 5 to 10  time: 1:30 to 6:00

Many children lead home lives that are detrimental to their educational pursuits, and their schools’ curriculums and teaching style are sorely lacking in quality. Municipal schools suffer from poor teaching quality, curriculums that promote memorization rather than understanding, and promotion based on attendance instead of performance. Moreover, fees are charged for students above 7th standard, often encouraging parents to remove their children – particularly girls – from school after finishing the 7th. This program was thus developed to motivate students to stay in school and allow those weak in particular subjects to benefit from outside academic instruction. Every afternoon, from 2-6 PM, the children in standards 5-10 gather together for an afternoon of basic education as well as fun and games with their peers.

Library

The community center has set up a sharing library for the children as well as the community to use. Every day, a newspaper is delivered so that the students can keep up with world news and develop a habit for reading. Once a week, the children are taken to the library where they can choose a story to read silently and then share with the others. We have a theme based library so we have one theme for every six weeks. In the past two years, we have completed themes like the solar system, ocean, rain forest, about Gujarat, and now we are happy to introduce the new theme: India. It is held by Manav Sadhna and with the help of various volunteers. In this year alone, we have done four themes based on different things like animal world, India theme, living things, and Ahmedabad.

Nutrition

Over 400 children get healthy nutritional snacks and cup of milk 5 days in a week at the Bal Sanskar Program in the Community Center. This resulted in significant increase in child’s physical and mental development.
Extracurricular Activities

**Adolescent Class** Because of tradition, women’s sexual and gender issues are still taboo today in many parts of the world, India included. Manav Sadhna has begun adolescent classes every Wednesday to bring about a change in the way many people approach these topics. Also Rupamben from The Ashi Foundation helps us in openly discussing gender issues and body changes.

**Leadership Activities** At the beginning of the year, the children hold elections and elect two students, a boy and girl, from each standard that take on leadership roles such as teacher’s assistants. They do good work by teachers and they become representative of Manav Sadhna.

**Art and Crafts** Once a week, the children are given an art and craft activity. The children enjoy these activities as it strengthens their creative ability and thinking processes. Activities include origami, drawings, painting, card making. In this year, we included calligraphy also because it helps to improve knowledge of kids etc.

**Festival Celebration** festivals are done at a community level and other in smaller groups. These celebrations include Diwali, Christmas, Kite Festival, World Environment Day, and International Women’s Day. Different activities are done to celebrate the festivals and the children are included to help celebrate. These activities include plays, dances, songs, and celebrations.

**Field Trip** As with the other educational programs, excursions and educational field trips are a vital part of our activities. In the past, we have taken different groups to Science City, various religious and historical sites outside of Ahmadabad, visits to exhibitions and factories such as Mother Dairy, the Environmental Sanitation Institute in Sughad, and Pavagadh.

**Teachers Training and Motivation** Twice a month, a Teachers Training Program is conducted. The focus of this program is to follow up with the teachers that attend on how they had implemented the techniques discussed in the program.

**Parents Engaging Program** Twice a year, Manav Sadhna calls a parents meeting for all the children in all the projects. Teachers and Staff personally visit the home of each child and invite the parents to the meeting. This meeting is so that the parents may get a better idea of what their child is engaging in when they are enrolled in the programs.

**Make a Difference** Make a Difference is an organization that focuses on career awareness for 10th standard to 12th standard. Every Saturday, an expert from many topics such as journalist, a publicist, or a socialist holds a two hour seminar to talk about careers. Every month, the students are also taken for a visit to different businesses around Ahmedabad. The organization also focuses on building confidence for the students so that jobs can be more easily accessible.

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**Manav Sadhna Community Impact**

When Manav Sadhna first began these education projects, it began with a non-formal education system. The children that attended these projects did not attend formal school regularly, did not keep themselves clean, and did not understand the importance of education. Through this non-formal system these children learned to read and write and were admitted into a formal school. The non-formal education system slowly turned into a formal afterschool educational program in which the students are taught what they do not learn in school.
In partnership with the Katherine and Rohit Desai Family Foundation in New York City, the Leprosy Center (aka Loving Center) was constructed in the heart of the community in 2009. The Loving Center has become a focal point of the community and provides residents with a beautiful shared space to call their own. It is an impressive facility, which serves to uplift the community by providing essential services including...

- Manav Sadhna workshops and educational programs
- A venue for festival gatherings and shared meals
- Community-wide meetings and programs
- Free dinner program for begging members of the community with no family
- The Anganwadi educational program
- A lighted area for children to congregate and study, as well as play
- An outdoor courtyard providing a cool, clean area for residents to sleep when their homes get extremely hot during summer
- An indoor shelter for residents whose homes are prone to flooding during monsoon season

Bhav nu Bhojan – Food With Love

Every day 30 elderly Leprosy people from different faiths who come to dine every day, sharing the experience and offering a prayer of thanks. Jyothiben along with Fulaben, residents of Loving Community for the last five years have been cooking meals for elderly people with love and compassion.

Saving Program

During one year, all 55 women saved and contributed Rs. 300 every month. At the end of 15 months, the amount saved has been around Rs. Two Lakh Thirty Eight Thousand. The Trust decided to return their saved money. By adding some more amount to the interest earned, the Trust thought to purchase the grocery items i.e. oil, jaggary and beans. By seeing this, there were big smiles on the all the faces. That festival brought them double happiness as they receive their saved money along with the grocery. They found this project very useful and have requested to start this project again.
**Highlights of other events during the year**

- Shree M, Spiritual Saint from Karnataka is an inspiration to many people. During his pilgrimage, he stayed at the Loving center for couple of hours. He spent his valuable time with all the Community people.

- There are a total of 135 families live in the Loving Community. One or two members of the most of the families are suffering from the Leprosy. They all do begging for their livelihood. Some of the organizations have always been helping since last few years. Most of the time they choose to gift some grocery items or to feed them. One local group, been last many years, **gifting a grocery kit to all these families in the community**

- Teach for India is a wonderful project wherein from all over the country, people join and commit two years from their life for the education of the underprivileged children. Twenty members of this team during their retreat, visited the Community center in the search of their inner self through love, compassion and humbleness.

- Festivals celebrated such as kite festival, Janmashthami, Teachers’ day, 15th August (Independence day), Ganesh Mahotsav, Navratri celebration (at Ashram), Diwali celebration (at the Community center/ Tekro)

- Provide education support to 20 needy boys and girls to the community.

- Loving Leadership group of 30 boys and girls.
Parikshitlal Ashramshala
110 boys and girls of age six to 13 years

Introduction
Mahatma Gandhi established the Gujarat Harijan Sevak Sangh in 1932 to give impoverished children a value based education. Under this organization, Padmashree Iswarbhai Patel started the Parikshitlal Ashramshala in 1978-79. As one of its first efforts to educate the neglected and downtrodden sectors of society, Manav Sadhna has been supporting and strengthening this hostel since 1989. From its onset, the Ashramshala hostel has aimed to improve the lives of children, mainly from the valmiki (“untouchable”) community, through value-based education and life skills. The Valmiki community is generally associated with street cleaning and sanitation and is often discriminated against and seen as outcasts of society. Through the Ashramshala, Manav Sadhna continues to support Gandhiji’s vision of eradicating “untouchability” and promoting equality and love for all.

Objectives
- Give invisible children living in neglected communities a chance to escape the cycles of caste discrimination and poverty
- Improve the quality of the children’s education by supplementing the government-provided schooling
- Provide the children with improved nutrition, healthy living conditions, and an environment where the kids can grow in a holistic environment

Basic Value Education
This month we brought in about 45 new students. New children come from all different backgrounds and living situations, and have to be taught how to live the way our students do. Many of them come and do not shower, throw garbage on the ground, don’t wash their clothes or dishes or rooms. Living here means being responsible for doing all of these things yourself - everything from brushing their teeth and hair to personal hygiene (showering, cutting fingernails, washing hands, etc.) We take the time to teach them not only how to do these things, but why it is important and the values behind these tasks.
**Education**

Everyday afterschool four hours of extra coaching helps children in various subjects like Math, English and Science and languages.

**Health**

At Ashramshala we have established 7 health leaders from amongst the students to monitor tooth brushing, hand washing before meals and other positive habits. Children are doing a great job teaching each other healthy behaviors and about the negative impact of not maintaining hygiene.

**Highlights of the Health Program in Ashramshala**

- **Girls Health Education**  Continuous health education brought awareness amongst the young girls. Through the awareness videos and discuss in a group with girls regarding the knowledge of the menstrual cycle, including what is happening internally to our bodies every month.

- **Health Camp**  At Ashramshala we organized a camp with corporation doctors specialized in the ENT, Dermatology and Pediatric departments. 120 students were examined – all of the students at Ashramshala. 15 children required treatment were taken to the Civil Hospital for follow ups. Medication and health instruction was provided.

- **Hand washing activity**  15th October was International Hand washing Day, on this day a fun experiment was carried out. Children were asked to wash their hands under water; this water was then collected in a glass. Following this the children were asked to wash their hands with soap, again the water was collected. The children were then showed the two different cups of water. This demonstrated to them the importance of washing hands thoroughly with soap in order to remove all the dirt. All the children promised to wash their hands before eating.

- **Oral Health Education**  In order to reinforce positive habits, a dentist, Pavni Lakhani a volunteer from Manav Sadhna came to deliver oral health education, using visual aids to demonstrate the correct tooth brushing technique and informing the children about the dangers of not treating dental decay.

**Nutrition**

Children are given full healthy meal twice a day and cup of milk every day morning with breakfast. Also afternoon snacks has been given after the study session. In result it shows that the kids weight has significantly gained after enrolled into the Ashramshala (hostel). We also took 40 students to ESI to watch videos explaining proper nutrition. Afterwards they conducted a fifteen-minute role-play about healthy food choices.
Educational and Fun Trips at Ashramshala

Serenity Park visit – Botanical Gardens
Visit Sabarmati Festival
Picnic various places outside of Ahmedbad

Story of 50 rupees Act of Kindness
This is story of ‘Vanita Kanubhai Gangadia’. Her father died and and her mother works as a laborer and their condition is very delicate that’s why she and her younger brother studies in ashram shala. Students of ashram shala received clothes and cloth material to stich up some new dresses for themselves. Vanita kept some new clothes for herself and kept 1 dress material untouched. So when she went back to her village she saw that the young girl in her neighborhood belonged to a very poor family and so could not afford new clothes for Diwali. Therefore Vanita used that dress material and gave it to a tailor for stiching. She used that Rs.50 to pay the stiching charges.

This way she was able to give a new dress to that girl and also she gave her sweets worth Rs.30 from her side. She carried out an act of selflessness and derived immense joy by helping someone improve their festival.

Festival Celebration
Festival celebrations bring lots of joy and enthusiasm in the children. Various festivals celebrated at the Ashramshala during the year.

Teachers Day Celebration  Navratri Celebration at Ashramshala  Kite Festival Celebration, Republic Day celebration, Diwali Celebration
Other Activities at Ashramshala

- Welcome program of new students at the Ashramshala.
- Heart to Heart sharing circle to understand each other.
- Mehndi Activities by the Girls.
- Sports Activities like volleyball, Khokho
- Art and craft workshop every week

Sakal Lok Ma Saune Vande

On 26th December ‘sakal lok ma saune vande’ program was arranged by ‘harijan sevak sangh’ to celebrate the completion of 100 years of its working. In this event many student of ashram shala took active part and worked really hard with enthusiasm to make this program a huge success. The program consisted of dance and drama which reflected the noble deeds of ‘harijan sevak sangh’ and also gave messages related to the values that are cherished in Indian culture. Students of ‘ahram shala’, ‘vinay mandir school’, ‘stri adyapan mandir (P.T.C college)’ played a very important role in this event. This event was conducted in two parts.

The 1st show was for the parents of children, the followers of gandhian beliefs and the governor. The second show was conducted for the respected members of our city who belonged to different fields. The chief minister of our state shrimati. Anandiben Patel also came to the event and appreciated the efforts of students.
Thanks to Mehta Family Foundation
The Mehta Foundation family arrived to Ashramshala and met the rest of the children and teachers. During the visit, The Mehta Foundation spent precious time with the children asking them what they would like to be when they grow up and what they think of Ashramshala. Everyone at Ashramshala had a great experience and appreciated the time that the Mehta Family gave. It quickly became a family atmosphere. Thanks entire Mehta Family Foundation for supporting our cause.

Thanks to Vice Chancellor, DMU, UK
The Vice Chancellor, students, and faculty of Demont University in Leicester, UK came to Ashramshala. The girls had an amazing time eating lunch with them. The Vice Chancellor, his team, as well as Jalneshbhai from the Mehta Family Foundation all had a nice time together. DMU, UK is the new partner of Ashramshala and have adopted the each kids and will continue their support for the two years. Our sincere thanks to the team of DMU for joining hands to making a difference in the lives of our children.

Vinay Mandir High School, Gandhi Ashram
Vinay Mandir girls high school is the result of this saintly folks with a vision and dream to provide value based education to the poorest of the poor girls from the most interior and tribal villages of Gujarat. We are blessed to continue these amazing process these years. Vinay Mandir has provide residential facility for over 220 girls and a high school for 320 girls free of cost. We are also able to introduce many volunteers in Vinay Mandir. These volunteers shares many amazing energy, skills and spirit with these girls. These type of exposure increase their confidence and knowledge.

With the support of Mehta Family Foundation able to repair and renovate the entire hostel building. Additionally all the rooms are equipped with beds, mattresses, study table and lockers. Recently a solar systems has been installed for hot water for the girls students. A scholarship program started for the financially week girls for the further study.

Thakkarbapa Ashramshala, Naroda
The Harijan Sevak Sangh founded the Thakkar Bapa residential primary school in Naroda, Ahmedabad. This school aims to educate the local children, mostly belonging to below poverty line communities. The school was in poor condition due to lack of funds, students and poor living conditions when Manav Sadhna began to invest both the time and finance to help support it. Through Manav Sadhna’s assistance, the school has hired additional two teachers. Manav Sadhna has also appointed a volunteer who visits the school 4 days in a week. They help organize extra curricular activities such as art and craft, sports and value based education. A lot of emphasis is also placed on educating the children on the importance of cleanliness and good health.
Anganwadi Program (Pre-School)

Introduction: Manav Sadhna has been working with in conjunction with the integrated Child Development Scheme (ICDS) department of the Government of Gujarat since 2004-2005. Children and women are the main base to develop a country. It is important to provide healthcare to mothers so that children can also continue a healthy life. In 2004-2005, Manav Sadhna ran 79 Anganwadis in Wadej and Sabarmati. The main goal of The Anganwadi Project is to aid in nutrition, health, and education. The project also helps to prevent still birth and maternal death. The Anganwadi Project also helps to ensure that children attend school year round. The Anganwadi teachers are responsible for making sure that their students continue their education when attending 1st standard. This is the annual report for The Anganwadi Project from 2015 to 2016 that will provide an outlook on our goals for our beneficiaries.

Aims: To provide better nutrition to children from birth to 6 years of age.
- To foster mental, physical, and emotional development of these children.
- To improve the health of pregnant and nursing women.
- To reduce the rate of infant mortality, malnutrition, and school dropout rates.
- To promote awareness of health, hygiene, and nutrition to pregnant and nursing mothers.
- To provide vaccinations to children from birth to 6 years of age.

Service Provided in the Anganwadis
- Supplemental nutrition
- Education on health and nutrition
- Referral services
- Pre-primary education (value education)
- Immunizations

8515 children below six years and women receiving nutrition and health services every year.
Nutrition Program of Anganwadis

One of the services The Anganwadi Project provides is nutrition. In one full year, children, adolescents, pregnant women, and nursing mothers should receive complete nutrition for at least 300 days. The project provides complete nutrition packets that help reach the nutrition goals. The Anganwadi project provides nutritional foods such as, green vegetables, fruits, peanuts, sesame seeds, chickpeas, and lentils to help decrease malnourishment. With the help of Akshay Patra Foundation, we are able to provide nutrition to the Anganwadis.

Nutrition Chart of Anganwadis

<table>
<thead>
<tr>
<th>Services</th>
<th>Age of Beneficiaries</th>
<th>Time</th>
<th>Type of Nutrition</th>
<th># of Beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Supplementary Nutrition</td>
<td>6 months – 3 years</td>
<td>9:30-10:30</td>
<td>Monday-Friday: government packets, sukhi, rab</td>
<td>3222</td>
</tr>
<tr>
<td>Supplementary Nutrition/Value Based Education</td>
<td>3-6 years</td>
<td>11-11:30, 2-2:30</td>
<td>Hot food, lunch, ladoo, and fruits (twice a week)</td>
<td>2391</td>
</tr>
<tr>
<td>Supplementary Nutrition and Health Education</td>
<td>Pregnant and Nursing Mothers, adolescent girls</td>
<td>2:30-3:30</td>
<td>Sukhi, shiro, upma</td>
<td>2902</td>
</tr>
</tbody>
</table>

Food Start Program

Children from 7 months- 9 months by providing them with additional food. There were 2470 children who were able to benefit from this program.

National Nutrition week Celebration in Anganwadis
Health Program of Anganwadis

Vaccination Program

The Anganwadi Children are protected from six deadly diseases through the Vaccination Program. General awareness about vaccinations is continuing to spread throughout the communities through the Anganwadi teachers. More and more women and their children are now part of this program. With the constant efforts and awareness about the vaccinations, more women bring their children to health centers for immunizations.

<table>
<thead>
<tr>
<th>Tittness</th>
<th>B.C.G.</th>
<th>Ore</th>
<th>Pentavalent</th>
<th>D.P.T.</th>
<th>Polio</th>
<th>Hepatitis</th>
<th>Vitamin A</th>
</tr>
</thead>
<tbody>
<tr>
<td>1177</td>
<td>862</td>
<td>1112</td>
<td>2809</td>
<td>788</td>
<td>4204</td>
<td>1281</td>
<td>1706</td>
</tr>
</tbody>
</table>

Children’s Health Checkup

In the past year, there have been four health checkups. Many children in the community have birth defects and malnutrition related health problems that were recognized during these health checkups.

<table>
<thead>
<tr>
<th>0 to 3 years kids</th>
<th>3 to 6 kids</th>
<th>Pregnant Women</th>
<th>Nursing Mother</th>
<th>Adolescent Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>3203</td>
<td>3933</td>
<td>1447</td>
<td>1030</td>
<td>1096</td>
</tr>
</tbody>
</table>

Medical Camps at the Anganwadis

- 160 women- Anganwadi Teachers and Assistant Teacher’s Health check up Camp
- 18 kids- Dental Camp
- 66 girls- Hemoglobin Camp for Adolescent Girls
- 212 children—Typhoid Vaccination Camp
Family Planning at the Anganwadis

Due to the high numbers of malnutrition, The Anganwadi project explained the concept of family planning to the communities. In order to properly plan for a family, the teachers told families to have a gap between children, and after two or three children, families should invest in some sort of contraceptive measure to prevent more children. As incentive, the families who practice family planning are given 1kg ghee, 1kg lentils, and 1kg sugar cane from Manav Sadhna. The government also gives 1400 rupees to the women who undergo the contraceptive copper T. Manav Sadhna also gives 300 rupees to the teachers who persuade the families to undergo the surgery.

There were 195 family planning operation done successfully last year in order to reduce poverty and child mortality rate.

Non-Formal Education at the Anganwadis

In the Anganwadis or preschools, various activities have been carried out for the comprehensive development or children. The children get the opportunity to learn about personal hygiene habits and physical activities. It is pre-education for the child before he will enroll into a formal school. It is not about the reading and writing, but more about imparted education through various mediums and techniques such as rhymes, poems, stories, drawing and paintings, crafts, etc. It contains basics about sanitation, festivals, seasons, numeric, birds, animals, and creatures. The aim of the non-formal education in Anganwadis is to prepare children physically and mentally before going to school.

School Enrollment Program

After three years of Anganwadi experience, children will be ready to go to the school. Any child of 5 years is eligible to enroll in to a formal school and it is responsibility of Anganwadi workers to make sure that the children come to Anganwadi get the school admission.

<table>
<thead>
<tr>
<th>Municipal School</th>
<th>Gyan Shala</th>
<th>Private</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys</td>
<td>Girls</td>
<td>Boys</td>
<td>Girls</td>
</tr>
<tr>
<td>155</td>
<td>129</td>
<td>44</td>
<td>69</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Referral Services

Referral Services is a very essential service in Anganwadi. Through the referral card, children of the Anganwadis who have suffered from very critical illnesses are referred to the hospital free of charge. We were able to save lives of children through this important service.

There were 52 children with the critical illnesses were referred to the Government hospital and were successfully cured.
Awareness Programs of the Anganwadis

- Breastfeeding is an important process for a child’s wholesome development and also an ideal nutrition. The month of August was celebrated as Breastfeeding Awareness Month.

- The rasoi show was organized in different slum areas to teach how to make healthy food in a short amount of time from a mixture of pre-mix and wheat flour.

- Vatsalya Divas, or Caring Day, is celebrated in all Anganwadis in order to provide health and nutrition education to the nursing mothers and also to identify the critically pregnant mothers so pre-maternal services can be provided accordingly.

- The Healthy Child Competition was organized at the Anganwadis in order to inform mothers about their children’s health. The Anganwadi teachers gave all the healthy children gifts.

Other highlights of the Anganwadis

- **Saturday Special**: Every Saturday from 2:30-3:30, adolescent girls come to the Anganwadi for the Saturday Special. An NGO, Jeevan Tirth, helps the Anganwadi plan the schedule and activities for the Saturday Special.

- **Anganwadi Teachers Workshop**: Day by day, the importance of The Anganwadi Project continues to grow. To make sure the students and children are reaching their potential, a volunteer, Abi, came up with a curriculum in English.

- **Participation in Govt. programs**: The Government has a department dedicated to children and women, which is where our Anganwadi teachers are included. Many awareness programs were executed such as sanitation, saving infant girls, and women empowerment.

- **Adhaar Card**: The Adhaar Card is a unique identification authority of India. In each Anganwadi, there are children ranging from 6 months- 6 years who are given a unique identity through the Anganwadis.

- **Children’s Day**: Every third Thursday, Children’s Day is held where the children’s birthdays are celebrated and whoever dresses nicely is also celebrated. These children receive a gift so more children want to dress nicely, as well. Throughout the day, sports, arts & crafts, and singing is done to make sure the children have a good time.

- **Fun Trip**: Many of the teachers and assistant teachers are working year round to help with the kids. To reward the teachers, Manav Sadhna takes them on a trip every year. This year, the trip was in Kutch for two days.
**Festival Celebrations**: There are many religions in the Ahmedabad area so there are many festivals that the children do not understand. Festivals include Raksha Bandhan, Janmashtami, Kite festival, and Diwali. These are some of the biggest festivals that are celebrated within the Anganwadis. There are also some small ones that are celebrated.

**Mata Yashoda Award**: In order to motivate Anganwadi teachers and helpers government has announced a Mata Yashoda Awards for outstanding work in Anganwadis during the year. The cash prize of Rs. 21000 and 11000 given to the winner. Manav Sadhna Anganwadi teachers received the Award this year.

**The Toy Room**

Every day, a different Anganwadi gets to visit the toy room. The children visit, not only the toy room, but also the Gandhi Ashram and Manav Sadhna. In the toy room, there are puzzles, slides, cycles, etc. In the Anganwadis, the children may not have access to all these toys, so it is beneficial for them to visit a bigger toy room every once in a while.

**Volunteers of the Year**

Volunteers always come with lots of energy and new ideas. some volunteers they connect with Anganwadi Project in 2015-16. There were 15 volunteers provided their valuable support to the Anganwadi project.

**Susan Miller and Family**, a volunteer from Australia, with the help of Apollo Hospitals organized a Typhoid Vaccination Camp for children between 3 and 6 from ten Anganwadis. Around 212 children were vaccinated and apart from that they were given gifts like chocolate, clothes, toothpaste, etc.

**Susan with the kids at the Vaccination camp (left)**

**Abi with Anganwadi Teachers at Manav Sadhna**
<table>
<thead>
<tr>
<th>Volunteer Name</th>
<th>Country Name</th>
<th>Role in Anganwadis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cathrine</td>
<td>U.S.A.</td>
<td>Dance Programme with Anganwadi Teachers</td>
</tr>
<tr>
<td>Laura Constance</td>
<td>France</td>
<td>Anganwadi Activity and tour with kids</td>
</tr>
<tr>
<td>Amisha</td>
<td>Ahmedabad</td>
<td>Anganwadi Activity and office computer work</td>
</tr>
<tr>
<td>Paola</td>
<td>Venezuela</td>
<td>Workshop with Anganwadi kids (Chinese clay)</td>
</tr>
<tr>
<td>Maheshwari</td>
<td>Baroda</td>
<td>Internship (Anganwadi Project)</td>
</tr>
<tr>
<td>Abi Brown</td>
<td>U.S.A.</td>
<td>Make Anganwadi Time-table</td>
</tr>
<tr>
<td>Belaben</td>
<td>U.K.</td>
<td>Make Gujarati time-table</td>
</tr>
<tr>
<td>Radhikaben</td>
<td>Ahmedabad</td>
<td>Stationary provide for each Anganwadi</td>
</tr>
<tr>
<td>Barkat Foundation</td>
<td>U.K.</td>
<td>Meeting with Feeding mother</td>
</tr>
<tr>
<td>Akansha</td>
<td>U.S.A.</td>
<td>Dance programme in Anganwadi</td>
</tr>
<tr>
<td>Kali</td>
<td>Australia</td>
<td>Bholu Anganwadi (TAP Project)</td>
</tr>
<tr>
<td>Nini</td>
<td>Australia</td>
<td>Bholu Anganwadi (TAP Project)</td>
</tr>
<tr>
<td>Susan</td>
<td>Australia</td>
<td>Typhoid vaccine camp</td>
</tr>
</tbody>
</table>

**Looking Forward— Bholu-15**

Manav Sadhna and The Anganwadi Project (TAP), Australia jointly build 14 Anganwadies (pre school) named Bholus in the slums of Ahmedabad in last six years. The new Anganwadi bholu-15 has been under construction at the Ramapir No Tekro near Manav Sadhna community center. Currently Kali and Nini an architects from Australia working very hard to finish the Bholu-15. Before the initiation of the work they had a meeting with the community, mothers, children and teachers. The construction part has been looked after by the builder Bakabhai. Bakabhai has built six preschools for The Anganwadi Project so far. We thank you TAP for providing such a beautiful space for the litter children of Anganwadis.

*Gratitude*

The Anganwadi Project is Manav Sadhna’s largest project. Through this, Manav Sadhna has reached out and helped a large number of people. On behalf of the Anganwadi teachers and assistant teachers, we thank you for being associated and helping with this project.

Our heartiest thanks to the Government of Gujarat, The Anganwadi Project, Australia, Aashi Foundation, Anchal Foundation and all the volunteers who supported us over the years.
**Health Program**

Work Area: Rampir no Tekro (Juna Vadaj), Manav Gulzar Community Center - Ram Rahim Tekro. Loving Center, Manav Seva Community Center, Shankar Bhuvan, Anganwadis and individuals.

**Health Awareness**

We have introduced a new health awareness project. Residents of the slums are uneducated and slightly resistant to new medicines and new methods of treatment. To counter this, we have stepped up our efforts in educating the residents on the importance of maintaining good sanitation and hygiene in their surroundings in order to ensure that the risk of developing illness is decreased or preventing from occurring. We have four part-time volunteers who go around the slums and visit five to six houses every evening. They also carry out detailed surveys regarding the existing awareness levels in the community, with special focus on vulnerable groups like pregnant women. The awareness provided is extensive and covers a wide range of relatively common diseases among the aforementioned communities and include: Tuberculosis (TB), Anemia, Malaria, etc.

**List of the camps organized during the year**

<table>
<thead>
<tr>
<th>Name of the Camps</th>
<th>Number of patients</th>
<th>Number of follow-up patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eye camp at Jamalpur</td>
<td>276</td>
<td>5</td>
</tr>
<tr>
<td>General medical camp at Loving Center</td>
<td>149</td>
<td>100</td>
</tr>
<tr>
<td>General Medical camp at Ramapir no Tekro</td>
<td>375</td>
<td>120</td>
</tr>
<tr>
<td>General Medical Camp at Ashram Shala</td>
<td>80</td>
<td>25</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>880</strong></td>
<td><strong>250</strong></td>
</tr>
</tbody>
</table>
Breast and Cervical Cancer Awareness Camp

We conducted a breast cancer and cervical cancer awareness camp. Women community members were educated on self-examination techniques and a skit was conducted in order to emphasise the importance of regular monitoring.

General Health Camp at Community Center at Ramapir no Tekro

In co-ordination with Gujarat Cancer Society (GCS) Hospital, we conducted a general health camp at the Manav Sadhna Community Center in Ramapir no Tekro. Three-hundred-seventy-five members of the community were provided free general health check-ups, out of which 80 members were referred to the hospital for further tests and treatment.

General Medical Camp-Shankar Bhuvan (MSCC)

We were blessed to have our first medical camp at the Manav Seva Center. Our team was able to organize a general medical camp for the Shankar Bhuvan community free of charge in partnership with GCS Hospital. A group of five doctors, possessing degrees in different specialties, and their supporting staff members came to help, diagnose, and treat more than 300 people by providing them their time, services and medications as needed.

General Health camp at (Leprosy Community)

149 members of the community were provided free general health check-ups, out of which 100 members were referred to the hospital for further tests and treatment.

There are more than 13000 individuals from Manav Sadhna’s various community centers covered under the health programs through the various health programs in 2014-15.
**Muskan Dental Clinic**

Location: Manav Sadhna Community Center- Ramapir no Tekro  
Working hours: Monday to Friday, 9 A.M. to 1 P.M  
Manav Sadhna continues to serve as an NGO which monitors and helps to solve the health problems of poor patients in the Vadaj area. We run an exclusive dental clinic for the community. Our main aim is to spread awareness regarding the prevalent dental problems and the ways in which they can be prevented. We focus on promoting awareness of the benefits of dental hygiene. Including the equipment provided by Karnavati Dental Hospital, we now have 2 dental chairs, an X-Ray machine and other medical equipment. We have also created a whole new patient experience by creating an environment of brightness and optimism. We have a highly trained, highly committed doctor working with us. As part of our arrangement with Karnavati Dental Hospital, 2 students pursuing B.D.S. volunteer with us each week, with different sets of volunteers arriving every week.

**Oral Health Education**

In order to reinforce positive habits, a dentist, Dr. Pavni, who was volunteering at Manav Sadhna, delivered oral health education using visual aids to demonstrate the correct tooth brushing technique, and informed the children of the dangers of not treating dental decay. Children were made aware of the harmful effects of tobacco, alcohol and paan use, and the risks of oral cancer.

**Arogya Mandir(Health Center)**

Location: Ramapir no Tekro  
Working hours - Monday to Saturday, 7 P.M. to 9 P.M.  
Manav Sadhna looks after the healthcare needs of the entire slum community. We run a special clinic- ‘Arogya Mandir’. The service is provided at a token fee of Rs. 3. About 25-30 patients are treated daily. Medication is provided for the generally prevalent diseases such as Fever, Malaria, Typhoid, Cholera, while patients with more serious ailments are referred to hospitals.

Eye Camp organized at the Manav Gulzar Community Centre, At Jamalpur.  
Over 276 patients being assessed and with 22 patients being diagnosed with cataracts.
Highlights of the year

♦ Manav Sadhna, with the immense help of donors, has been able to provide health services to around 13,000 patients in the year 2015-2016. Around 9500 of these patients have been treated and helped through the primary health center. Around 1000 patients have been provided with dental services for a nominal fee through Muskan Dental Clinic.

♦ Through our door to door health support we were able to help patients have chronic ailments like Tuberculosis, Cancer etc and it has been our aim to expedite their healing process. To do that we assist those patients by regularly checking on them, then taking them to hospitals, giving them medicines and following up on their conditions. We also linked some patients to some scheme run by the government so that they don't have to spend much or anything.

♦ We also organized camps in different areas to help people recognize the ailments they might have. These camps benefited around 5000 people and through these camps people were able to recognize some serious problems which were addressed immediately. For example a middle aged lady was diagnosed with a hernia problem in one of the camps and after that she underwent a surgery which successfully treated her.

♦ Through our initiatives there has been improvement in health of the people and more importantly the awareness among the people. Given below figures shows the number of recipients served through the Manav Sadhna’s health project in 2015-16.

<table>
<thead>
<tr>
<th>Health Project</th>
<th>Number of Beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Center (Arogya Mandir)</td>
<td>9,500</td>
</tr>
<tr>
<td>Muskan Dental Clinic</td>
<td>1,000</td>
</tr>
<tr>
<td>Manav Gulzar</td>
<td>1,000</td>
</tr>
<tr>
<td>Loving Center</td>
<td>150</td>
</tr>
<tr>
<td>Shankar Bhuvan</td>
<td>450</td>
</tr>
<tr>
<td>Parikshitlal Ashram Shala</td>
<td>80</td>
</tr>
<tr>
<td>Manav Sadhna Community Center</td>
<td>1,500</td>
</tr>
<tr>
<td>Earn and Learn</td>
<td>20</td>
</tr>
<tr>
<td>Total</td>
<td>13,700</td>
</tr>
</tbody>
</table>

Piramaben Bikshapathi Dhobi, Age: 65

Piramaben is a long-time resident of the Loving Center in Vastral Amrevadi. Her husband is a leprosy patient; he lost his fingers several years ago due to the dreaded disease. He is now a beggar. This is their family’s only source of income.

When Piramaben approached us on 23rd December, 2015, we found that her blood pressure (BP) was well above normal. She was advised by the doctors to undergo a series of tests: ECG, blood tests, urine test, X-ray, and sonography. The test results confirmed a hernia and she was advised to undergo an operation as soon as possible. Piramaben had to pay only for the surgery, with all other expenses taken care of by Manav Sadhna. The operation was successful and she now leads a happy and pain-free life. She continually expresses her gratitude to Manav Sadhna for providing her with all the support she required before and after the surgery.
Paryavaran Mitra - Friends of Environment

About Paryavaran Mitra

Rag-picker, a term commonly used by most of us for anyone who is seen collecting waste from roadside. These rag-pickers by virtue of their work, unknowingly ensure that recyclables reach the recycling unit which otherwise would be decaying for long time contaminating both soil and the environment. As they are doing such a great service to both society and the environment, we call them Paryavaran Mitra (PM) (Friends of the Environment). Looking deeper into the lives of PMs, we realized that they face a lot of challenges/exploitation at all fronts, be it, economic, social or health. Moreover, they do not get respect from society which they truly deserve. So, a project was launched on 13th Nov, 2014, to develop a business model aiming at holistic improvement in the lives of these ‘Unsung Heroes’ of our society.

It gives us great pleasure to share that the project has successfully completed one year of its operation. Along with closely working with a small group of 70 PMs, we were able to touch the lives of 300+ PMs in this small duration.

Encouraging milestones of the 1st year

- Facilitated recycling of 250,000 kgs of wastes
- Distributed a sum of Rs.20,00,000 among PMs against the waste purchased from them
- Shared profit on quarterly basis amounting to Rs.3,00,000 in terms of good quality grocery, education fees for their kids, medical treatment etc.
- Nearly 50 PMs underwent end-to-end body checkup with proper follow-up by medical team of Manav Sadhna.
- Employment to a team of 20 members throughout the year.
- Started a new center ‘Mossal’ which serves as a community space where any PM can come with the collected waste and do the sorting over there. Currently, they do sorting in their homes which create a very unhygienic environment in their homes, not good for their families. Bathrooms are also made in our facility, so that they can get freshen properly before going back to their homes. Idea is to keep the purity and cleanliness of their homes intact. The facility also has grocery store, art room for community women and medical room.
Talking about the growth in business, we have made gradual progress in terms of amount of waste purchased over the months. The purchased amount has increased from 7 tons/month to nearly 20 tons/month in last 12 months.

Moreover, we can also see major increase in their income. As most of the places of middlemen, PMs are exploited, this increase is partly due to just being pure & transparent and partly due to our business model. Below diagram shows this increase in stepwise pattern. (Assume a PM coming with 20kgs of wastes and rate as Rs.8/kg).

In order to maintain transparency and proper accounting, dedicated software is being used from the 1st day. (Software is gifted by R.D.Enterprises). With the help of the software, the profit is shared in the ratio of business each PM has given to us. This methodology of profit sharing encourages hardworking PMs to work harder. Moreover, the profit is shared in terms of good quality grocery, education fee for their kids, their health insurance etc.
**Gift for Change**

The project also involves 15 women from the same community into art based activities where-in they develop good artistic products out of the waste collected by our PMs. They are not only learning new skills in their leisure time but it also serves as a skilled based alternate source of income for them. This sub-project has been named as ‘Gift of Change’. For now, they are developing planters. These beautiful planters are not only taking care of recycling but also plantation. For each of these planters the women gets Rs.100. So, any women from our community working with dedication easily earns nearly Rs.3,000 per month as she completes one bottle each day-session.

**‘Pihar’ and ‘Mossal’**

The main focus was always on giving our PMs Love and respect. We try to achieve it by doing small things with purity and love. Whenever a PM comes with the waste, she is offered a warm cup of milk with big smile. This gesture conveys due respect and aims to indicate that we hold them in high esteem. She sits on chair under the fan and chats with our team for a while before leaving.

The facilities are named as ‘Pihar’ and ‘Mossal’ which means ‘Father’s Home’ and ‘Uncle’s Home’ respectively. These nomenclatures gradually create bonding and PMs slowly start connecting with the team and the whole eco-system, we are trying to create. Every Saturday, we organize an event where they undergo the process of interaction & sharing, exercises to relive them from joint pains, games and finally nutrition. Idea is just to give them break from their regular routine and make them smile.

Now that the pilot is successful, we will start replicating the model in nearby areas thereby connecting with more PMs. We have already started surveys at two different locations. As awareness and dignity to these PMs are our main focus, we plan to collaborate with schools and corporate houses as well. We will be organizing awareness cum waste collection drives in these schools and offices. So, on this front we are in talks with 15 elite schools and 5 corporate houses of the city with an aim to give young students and officials an exposure of this important stakeholder’s life and work, who we call as ‘Rag-picker’.
Earn and Learn

About Earn and Learn

Earn and Learn is an after school program that teaches such children how to make greeting cards, gifts bags and other products from recycled handmade paper and provides them the opportunities to work a few hours daily to earn in a safe environment. The children spend their mornings in school and then attend Earn and Learn, where they also receive a nutritious meal, academic support and loving mentorship. To learn more about our program and products made by children at Earn and Learn, visit our website at www.earnlearn.org.

Earn and Learn Exhibition

The products of Earn and Learn Project marketed and sale at various exhibition held around in and outside of Ahmedabad. This year under the tital the HeArt with Art the exhibition organized at the Gandhi Ashram to promote the various craft items made by the children. There are around 5 schools also participated in the exhibition to sale their own products. The exhibition was very successful and will be continue next year.

Card orders

- 2000 wedding cards invitation order during the helped and gave big opportunity to earn good amount of money.
- With the support of Kaizen Hospital various Diwali gift items such as diary, bookmark and calendar of 600 boxes.

Friday Activities

- Friday Activities has been started in order to develop the team work and at the same time they learn new things through the fun activities.
- The first Friday the children played the game called Finding the note. In this game children has to listen carefully and reach to the given destination.
- The next Friday was art activities taught by Pavni Lakhani a volunteer from UK.
- The third Friday was activities was based on drama. The children were given three subjects in which they have to learn and understand the subjects and try to implement in his or her life. The subjects were Jiddi Chhokoro, Nutrition and third was Importance of Education.
Education Help

- Everyday one hour the students of 6 to 10 standard taught subjects like Math, English and Science in order to additional support in education. Bharti is one of the participant of Earn and Learn stared teaching Math and Science to particular 10th grader students.

- A small library started to enhance the reading habit in the children. Children reads various books everyday.

Festival Celebrations

- **Ganesh Festival** has been celebrated at the Earn and Learn project. The eco friendly Ganesh statues were established and had worship for all 10 days by the children.

- **Navratri Festivals** celebrated with lots of fun and worship. A small temple has been created at Manav Sadhna, Gandhi Ashram. A garba competition organized by Manav Sadhna team.

- Diwali Celebration: The children got brand new clothes from the Rungta Family as a Diwali gift.

- **50 ruppes Experience**: Rs, 50 were given to the children during the Diwali to support to unknown person. The idea behind was to create generosity amongst the children. The children spend the 50 rupees to help and support others. The young boy from the project add some more money and buy a sweet box for the poor family. A little young boy helped a sanitation worker on the street.

- Christmas celebrated with much joy. The young girls were participated in a dance and interesting Yogeshbhai had choreographed.

Other Highlights of the Year

- A Prayer is an integral part of the project. Before the work start everyone involved in the interfaith prayers. This is year we stared a singing National Anthem and reading a small paragraph after the prayer.

- Beginning of the new year children provided educational material such as pencils, notebook, uniform, school bags etc.

- In order to maintain the health of the children a new experiment of stretching the body started with the earn and learn children in the evening.

- Tree plantation done with the support of children to increase the awareness about the nature and environment.

- Dance activity workshop organized by the volunteer Akanksha form the USA.

- Gerald Huth and Debroah Huth amazing artist organized a beautiful art workshop with the children of earn and learn.
Art and Craft

Art, music and creative learning are essential, not only to the education of a child, but also to the development of their confidence, patience and teamwork. At Manav Sadhna, these activities are performed through various projects across different centers (Manav Sadhna Community Center, Naroda Ashramshala, Shankar Bhuan Street School, Parikshit Lal Aashrmshala). We have very good committed teacher Shreyasbhai go in each center and nurture the creativity and art.

Art Workshop with Performance without Boarders

The Performers without Borders group from USA came to Manav Sadhna. The performance group performed circus and also took workshop of teaching hula hoop, juggling and other unique art to around 300 students. The teachers also participated, so it was a rewarding and special experience for all. It felt as though each person became a child again from doing these different, fun activities.

Craft workshop with Gerald Huth

Gerald and Debroah Huth a volunteers from the United States, had an art workshop with the children of Manav Sadhna or 3 centers. 140 children who had participated in the workshop were given various tasks. All of the children were given unique scrapbooking and coloring projects to do. The end result was displayed in Manav Sadhna at Gandhi Ashram. The children were brought to Manav Sadhna to see their work on display. It brought a great sense of ownership and joy to see their own work for everyone to see in the public.
Volunteer Program

We have worked alongside exceptionally dedicated volunteers from India and around the world. Each volunteer adds his or her own touch to our process through their time, skills and love. Through their positive energy, humility, hard work, and motivation, volunteers continuously strengthen Manav Sadhna’s work and reach. Volunteering is also transformational journey for those who genuinely embrace in it.

About the Program

- Manav Sadhna provides an opportunity to young and old people from all walks of life to do something meaningful for the community people.
- Manav Sadhna’s volunteer program started 15 years ago
- There were 76 volunteers came in 2015-16 to serve at Manav Sadhna in various projects for minimum 1 month long to 1 year.
- The volunteers are from India, USA, Spain, Brazil, Australia, Venezuela, France, Italy, Argentina.
- Many local volunteers joined for short term.
- Every Friday volunteers gathering gives opportunity to share their experience with fellow volunteers.
Volunteers Voice

Dear Family,
Our experience at Manav Sadhna has been life changing. To experience the living model of non-violence + compassionate love is beautiful. We loved working with the children and seeing their joy when they created something beautiful from their own ideas. We took small steps, but with great love. Gandhi’s dream is alive well at Manav Sadhna.
Thank you.

Gerald and Deborah Huth
California, USA
January 13, 2016

Other Highlights of the Year

- Our Volunteer Program partners are UNC, USA, Saint Louis University, USA, MS university Baroda and VIA Germany and Lycee International School, France
- Students of Philips Academy, USA visits us every year.
- Gerald and Deborah Huth organized art and craft workshop for MS children at all the centers.
- Performance without boarders performed circus show for over 1000 children.
- Students of Lycee International School, France arranged drawing and activity workshop for children of Ashramshala, Community Center and Manav Seva Community Center.

Volunteers Voice

Dearest Manav Sadhna family,
Two words: Thank you! I bow to each and every one of you for the compassion and love you offer in seva everyday. I am so deeply touched by your wisdom, humility, and joy, and I personally feel my heart has grown bigger just by being in your presence, learning from all of you. In my short time here, I’ve felt the seeds of my own inner transformation planted by the many communities (Tekro, Loving community etc) of Manav Sadhna. As I have spent time with wonderful people, like Maltiben, Ajaybhai, Shirishbhai and my young friend and teacher Sahil, I’ve noticed subtle shifts in my own heart towards deep love and purity. Everything I’ve gained here I hope to pay forward in the spirit of generosity and happiness. I know that this family and home will always be in my heart no matter where I go. So again, with so much gratitude, I smile knowing that Manav Sadhna continues to love all, serve all, and please keep spreading your light.

In love and gratitude.
Tim Huang, Bhutan

Jina and Christian spent one year worked on Health Project of Manav Sadhna.
Sara, Italy teaching Yoga and to the children of Shankar Bhu-
Volunteers gathering on Christmas Eve at Virebhai’s home

Students of Lycee In’tl School doing activities with Ashramshala kids. PWB volunteers performing circus at the Center.

Aditya, Delhi sitting with Ramesh –Tyag Nu Tiffin Proejct (First) Byron and Rosetta massaging old women (center) and Ajay with volunteers after the Friday Volunteers geththing at ESI, Sughad (Third Photo)
The Dance project is one of the important projects for the children of Manav Sadhna. The project brings the opportunity for the children to perform and enjoy the various forms of dance. Manav Sadhna’s dance project is successfully managed by Bharat Vaghela. Bhart is the leading choreographer and mentor of the boys and girls. Manav Sadhna dance project gives full one day to all the community center children to learn the dance. The children are given an opportunity to perform the dance at the various festivals. Also, twice in a year a grand show called Prem No Parivaar created for the children to show their talents on the stage against the thousands of spectators. In 2015, Prem No Parivaar and December 2016 Sakal Lok Ma Saune Vande by the Ashramshala and Vinay Mandir and PTC Girls was the grand success.
Computer Education Program

Courses: MS Office, Tally, and D.T.P. Special Internet, C, C++, Web designing and Special Courses for Kids
Centers: Mahatma Gandhi Computer Center, Gandhi Ashram| Computer Center – Ramapur No Tekro

Mahatma Gandhi Computer Center has been established for the Students who want to learn and provide an opportunity to build their career in the field of computer. At Manav Sadhna Computer Training Centers we given admission to the youth who looking for good job to earn money. In the last fifteen years more than 9400 Students have taken computer education. Over the last 10 years many students able to get the job in private companies and also in the government sectors.

Highlights of the Program

- There are 366 students at both the centers able to receive the computer education in various courses in the year 2015-16.
- New Technology (ARDUINO’S) Training given by NID students. Students learn the various technology methods of computer.
- Birthday has been celebrated every month of the students.
- Students has been taken to the Serenity Park to introduce the natures various aspects as a part of learning experience besides of computer education. Students also visited Environmental Sanitation Institute to understand about the sanitation and health.
- Students of the computer class were motivated to join as a volunteer in Manav Sadhna projects like Christmas Celebration and Women’s Day Celebration.

Distance Learning Program with Dr. Babasaheb Ambedkar Open University

Since September 2003, Manav Sadhna along with Dr. Baba Saheb Ambedkar Open University started distance learning program. This year we have 161 students enrolled for the bachelor degree and computer courses. of all courses.
Festival Celebration

No one can imagine life without the festivals and so Manav Sadhna believe in celebration festivals with the children and community. Like every year this year all the major festivals were celebrated with lot of joy, peace and oneness and the same time respect all the religion, culture and beliefs. Festival celebration is an integral part Manav Sadhna. The children of all the community centers were involved in the process of celebration and given necessary importance of their significance. The Festival Celebration build the strong relation between Manav Sadhna and the communities over the years. The festival celebration includes dance, drama, acting, music, songs which is performed by the children and prepared by their teachers and dance teacher.
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Scout Program

Community Center - Rampir no Tekro

The main goal of the scout project was to nurture young boys into good, mature citizens with in their communities. We want to support and inspire them to work for the advancement of their community, being helpful, faithful and serving for betterment of the community. The year 2015-16 was amazing year for the Scout boys. They able to participated in community service work and also participated in various camps organized locally and outside of Ahmedabad.

Highlights of the year long activity of Scout troop

- Night Camp
- Made Bridge for Community worker skill badge
- Activity with Vastral Loving Community
- Cyclist
- Governor Award
- Camp With JamalPur Scout
- Sea Scout Camp

Community Service: Made Bridge for the Community of Ramapir no Tekro
- Cleanliness drive at in the community
Camp Activities

- Night Camp organized at the Community Center
- Participated in Sea Scout Camp organized by the Bhart Scout

— General Commander of West Zone Mr. Bhanot visited Scout troops. The Scout troops gave farewell by pared.
— 7 Scouts received Governor Award from Mr. O.P. Kohli, Governor of Gujarat

Earn Skill Badges

MS scouts earned various skill badges in last year in order to fulfill the scout requirements.

- Civil Defense
- Community Worker
- Ambulance Man
- Hiker
- Path Finder
- Athletic Cyclist
- Cooking
- Camper
Sports Program

Area of Project Kids: Ashramshala Hostel, Ramapir No Tekro Community Centre, Manav Gulzar Community Centre, Shankarbhuvan Centre

No of Participants: 600

Location: Manav Sadhna’s sports project where kids play on Khel Dil ground

Sports activities (1) Foot ball (6) Volley ball (2) Badminton (7) Kabaddi (3) Kho kho (8) Running (4) Long jump

About Project: Sports activities are arranged in each center of Manav Sadhna. Children from different slum areas where Manav Sadhna is active, come together for playing games such as skipping, hide & seek, running etc. Although many children have seen professional sports like volleyball, football, basketball, or frisbee, unfortunately, most of them never had the chance to play practically. Manav Sadhna gives the opportunity to participate in those activities by providing coaches, sport grounds and materials. In these activities, they can also develop and adapt power, stamina, speed, and cooperation skills.

Soccer

For the moment about 60 kids take part in the practical football lessons which are given every Saturday and Sunday on an own soccer ground. In the practice sessions the kids get taught basic football specific skills such as passing, controlling, shooting the ball and goal keeping. This year Manav Sadhna positioned two teams in the Sintex Cup (under 13 & under 16) where the kids showed passion and heart while playing. In the last year Manav Sadhna also participated in many other tournaments in which the kids had the chance to improve their skills. Furthermore they could get an idea of what its mean to play in a team and which benefits are belonging to this such as supporting each other and team spirit.

The teams of Manav Sadhna also figured into Khel Mahakumbh Festival. For example the girls volleyball team (under 13-years-old) could reach the final of the zone level. The mens football senior team was even more successful. They won 5 matches in a row until they lost in the district level. Concluding you can say that the Gujarat Khel Mahakumbh Festival was an enrichment for the entire society. Next year Manav Sadhna is looking forward to position more than 120 children and to win at least one of the com—
The Environmental Sanitation Institute (ESI)
The Environmental Sanitation Institute (ESI) is a non-governmental organization based on the Gandhian values of environmentalism that strives to provide a better quality of life to rural peoples and the urban poor of India by improving their sanitation situation. The Institute was born in 1985 out of its mother NGO, Safai Vidyalaya (“sanitation institute”), under the leadership of Late Padmashri Ishwarbhai Patel. The Environmental Sanitation Institute tackles the problem of sanitation with the holistic mindset that the issue affects the environment, health, education and economy of the whole country. Log on to www.esigujarat.org for more details.

Vision
• Providing orientation and training to government and NGO officials on sanitation under the central government of India’s Total Sanitation Campaign (TSC).
• Providing orientation and training to students, teachers, health workers, masons, etc. on local sanitation issues
• Functioning as a nodal agency between the government and other NGOs in the construction of individual household latrines, school sanitation complexes, smokeless ovens, and soakage pits.
• Developing cost-effective sanitation technologies and implementation strategy

PROGRAMS
• Public Private Partnership
• Key Resource Center
• Lok Mitra Project
• Orientation of Sanitation Inspector
• Anganwadi Worker Training Center
• Nursing and Medical Students Training
• CSR Project
• Smile ki Savari
• Moved by Love
• Mal Darshanam
• Safai Vidyalaya
• Amrut Sanitation Project
• Urban Sanitation Project
• Nandini Service on wheel
• Internship Project for BRS, MRS, MSW Students
At Gramshree we encourage each woman to be a seed of change, so that she may strengthen her family and inspire her community. With her own hands and our skill training in embroidery, patchwork, catering and stitching she earns her economic self-reliance. Through our programs in health, education, personal finance and leadership training she discovers her confidence. And amidst our loving and supportive network of women and staff she finds her family. In this transformational process, each Gramshree woman is able to redesign her destiny. We work with women in Ahmedabad and the rural regions of Patan and Kachchh.

Supporting the survival of artisans and preserving craft traditions is also part of our mission. We work with the artisans to innovate on designs, improve techniques and ensure fair wages. Our marketplace carries products from a variety of partner organizations that promote craft and social development. Craftroots is a unique platform that showcases and brings into spotlight the best of craftsmanship from Gujarat. Craftroots, an initiative of Gramshree aims to empower artisans by connecting them to our resources, tools and network of partner members. Log on to www.gramshree.org for detail information

Craftroots
Craftroots was born to revive, preserve and share the craft traditions of Gujarat, India with the world. We aim to bring together people, process and technology to revive our traditional craft and building an eco-system with partner members to develop a scalable and sustainable model for craft development. Our partner members include Artisans, NGO’s, businesses & corporations, prominent designers, architects and educational institutions that specialize in design & development of various craft forms. At Craftroots, we support Fair trade and Craft mark certification standards. Log on to www.craftroots.org for detail information

Seva Café
In the face of increasing war, poverty, hunger and greed, we introduced a social experiment four years ago by the name of Seva Café. Seva Café is an experiment in the shared joy that comes from humble giving and selfless service. Our wholesome meals are cooked and served with love by a dedicated team and volunteers and offered to our guests as a genuine gift, paid for in full by previous guests. As more participate in the joy of giving, the more the experiment thrives. It begins with a single gift: first given, then received... multiplied, and given again, in a growing chain of kindness and care. We hope this Circle of Giving leaves our guests feeling more nourished, and inspired to carry the experiment forward. All costs and income are made transparent, and profits are used to support social service projects.
Gujarat Harijan Sevak Sangh, Established by Mahatma Gandhi in 1932: This organization works towards the removal of caste discrimination and the upliftment of the poor. They have established a number of hostels such as the Parikshitlal Ashram Shala, which cares for 107 children from the scavenger community. Manav Sadhna began its efforts with this Ashram Shala and continues to help support the hostels.

Sabarmati Harijan Ashram Trust: Established by Mahatma Gandhi in 1915. This trust operates educational institutions such as the Vinay Mandir and the Primary Teachers College. Manav Sadhna has been involved with the repair, renovation, and building of these complexes and old residential and educational buildings across the Gandhi Ashram with the support of this Trust.

ICDS, Govt of Gujarat: In 1975, the Government of India launched the Integrated Child Development Scheme (ICDS) to improve the health and nutrition of slum children. Currently, there are 36000 ICDS centers are in Gujarat. Manav Sadhna has joined hands with the government to run 79 Anganwadis, in the Vadaj and Sabarmati slum areas.

The Mehta Family Foundation: The Mehta Family Foundation is an organization dedicated to improving lives through access to education. The Foundation had a modest beginning in 1998 the year of its creation. Starting then and continuing to today, the Mehta Family Foundation awarded interest free loans to students who had limited resources. The Mehta Family Foundation is supporting ten nutrition centers of Manav Sadhna and also provides teachers for the students of Parikshitlal Ashramshala (hostel) based in Gandhi Ashram. Website: http://www.mehtafamilyfoundation.org

The Anganwadi Project (TAP): The Anganwadi Project has been working since 1999 to develop long-term community partnerships and provide design services that improve disadvantaged communities’ infrastructure and enforce sustainable livelihoods. In 2007 TAP joined forces with Manav Sadhna and Bholu (www.bholu.com) to rebuild 78 Anganwadis on the Tekro. AWF sends teams of skilled volunteers to Manav Sadhna and provides architectural support for these constructions and renovations. These Anganwadis are constructed by local laborers and use largely recycled materials in order to support the Manav Sadhna philosophy of 'Re-Use, Re-Cycle, and Reduce'. So far, Bholu 1-12 have been completed. Website: http://www.theanganwadiproject.com

Flowering Tree: Flowering Tree supports women’s development and children’s education in Asia. Founded in 2006, Flowering Tree supports women’s development projects. Flowering Tree is an organization that has partnered with Manav Sadhna on the Manav Gulzar project. They have provided funding support that has allowed this project to sustain and grow into what it is today. However, their partnership is unlike many other organizations. Website: www.teamseva

Team Seva: Team Seva is focused on building a sustainable organization for generations to come. Our model requests our donors to pledge monthly amounts starting as little as $15 and up. With this structure, our organization will continue to thrive and help those that need it most. Team Seva is supporting us to strengthen Shankar Bhuvan Community. www.teamseva.org

Tarsadiya Foundation: The Tarsadia Foundation was established in 1999 by B. U. Patel & Pushpa Patel to honor the family’s legacy of giving back to the community and selfless giving. Guided by the belief that all human beings have value, people are the first concern of the Tarsadia Foundation. The foundation supports Manav Sadhna for the improvement of the health of the slum people. Website: www.tarsadiyafoundation.org

Mega Circuit: A circuit board company in Addison, Illinois, whose partners have supported Manav Sadhna from the beginning, and helped start the medical center in the Tekra. Website: http://www.megacircuit.com

Service Association for the Blind: Chaired by Viren Joshi and Ishwarbhai Patel, this organization runs a residential school in Gandhinagar for 56 blind children from Gujarat villages for the first to tenth standards. Many of its activities are funded, guided and supported by Manav Sadhna. It also receives partial funding from the government. Website: www.schoolforblind.org
Empty Hands Music's mission is to spread seeds of goodness in the world through selfless service, music, and love. All of Empty Hands Music’s offerings are gifts to the world. Website: http://www.emptyhandsmusic.com

Service Space: Service Space is an all volunteer-run organization that leverages technology to inspire greater volunteerism. It’s a space to explore our own relationship with service and our interconnection with the rest of the world. Service Space allows our inherent generosity to blossom out into small acts of service for the community around us. It’s a space to learn how outer change is closely tied to our inner transformation. It’s about changing ourselves, to change the world. Website: http://www.servicespace.org

Be the Cause: Be the Cause is a Network of individuals who not only wish to make a difference in the world, but also wish to change their own lives in the process. Realizing that change must first begin with ourselves, each project that Be the Cause coordinates meets a clearly defined need, but also gives participating volunteers an opportunity to be inspired and feel fulfilled. Website: http://www.bethecause.org

Project Ahimsa: A USA based NGO that aims to bring musical education via classical instruction to students in India. They have initiated and supported two projects with us in which we take the role of the implementers. Website: http://www.projectahimsa.org

Connect India: Connect India is a UK organisation that runs events and experiential development programmes to empower British Indians to realise their full potential to make a positive change to the world. Website: http://www.connectindia.org/

The Bindi Project: The Bindi Project was founded by Sunil Desai, Ariana Rabindranath, and Kayla Bakshi. The founders' desire to improve the lives of women and girls in India grew from a passion to reverse the injustice and immorality of gender-based violence, discrimination, and exploitation as well as a steadfast belief that the enormous magnitude of the problem is itself a threat to global security. See more at: http://www.bindiproject.org.

Compassionate Chef’s Cafe is a San Francisco-based non-profit organization with one goal: To help children locally and globally. They help the Tenderloin After School Program (TASP) and Gandhi Ashram in Ahmedabad, India to uplift the lives of young children in need of assistance. CCC was the first and a constant pillar of support for the EKATVA program. Website: http://www.compassionatechefs.org

Taj Global Understanding: In 2010, Taj Global Understanding, a US based non-profit organization, received the blessing and support from the Gujarat State Bharat Scouts & Guides to sponsor an ‘Open’ Troop in Ahmedabad. Taj Global Understanding (TGU) reached out to our long time friends at Manav Sadhna to make the dream a reality and bring the tools and knowledge of the scouting program to those in need. Website: http://www.tajglobalunderstanding.org

Yuva Unstoppable: Incepted in 2005, Yuva Unstoppable started as a small group of enthusiastic individuals, and today it has mobilized more than 120,000 'young people' with a simple aim of creating a better world to live in. Youth is that wonderful time in life when energy is limitless, human creativity is at its best and the 'never say die' spirit is a constant driving force. Yuva Unstoppable with its root aspiration of spreading smiles and kindness is initiating a youth voluntary movement for the welfare of the less privileged. Yuva Unstoppable inspires every youth to spare sometime of their life towards serving others, spreading happiness and extending love to all. www.yuvaunstoppable.org

Dr. Babasaheb Ambedkar Open University (www.baou.org): Located in Ahmedabad, this institute provides distance learning to those who cannot attend school full time due to other obligations. They use satellite technology to connect centers around Gujarat with TV lecturers and experts. BAOU has a total of 142 centers (66 of which have satellite facilities) in villages and cities around Gujarat. Website: http://www.baou.org

Arushi: Arushi is a social business and has been operating in the UK, marketing products for Gramshree and Earn N’ Learn (Manav Sadhna) since December 2010. Our mission is to market ethical, handmade products that strengthen the communities they come from through sustaining livelihoods.
Finance Income and Expenditure Chart