In response to the second wave of the corona virus that began to peak in mid-April, and with the support and generosity of so many donors and well wishers such as you, Manav Sadhna was able to provide critical medical and food assistance as well as much-needed awareness about COVID and the vaccination to both the city of Ahmedabad and across the villages of Gujarat. We joined hands with 65+ urban and rural grassroots partners to extend support to more families in Ahmedabad and rural Gujarat. Together, we have been able to serve 68 low-income communities in the city, and 946 villages across the state. Our team of more than 120 frontline workers served daily with full dedication.

Over the last few weeks, we have tapered our relief efforts as the situation has improved tremendously. In Ahmedabad we have shifted our focus to increasing the vaccination rates in marginalized communities. In the villages, we are working with our partners on tree plantations as a memorial to the lives lost to COVID as well as a way to improve the quality of air and contribute to the overall well-being of our world.

COVID 19 Pandemic has taken over the world creating a lot of chaos everywhere. Hence in difficult times like these Manav Sadhna has decided to begin the Phase 3 of Karuna Project. Phase 1 and Phase 2 were successful due to the joint efforts pf everyone and we hope that the Phase 3 of Karuna Project will also be a victory. Phase 3 will assist people with the current COVID crisis in Ahmedabad.

Phase 3 of Karuna Project will work on three main needs which are

1. Provide medical facilities, supplies and medication
2. Distribute grocery kits
3. Promote awareness
As the COVID cases were rising in Ahmedabad, oxygen concentrators have been essential in helping but critical time for affected patients having low oxygen levels.

Bhanuben who was 72 years old had a history of breathing issues. Her daughter had tested COVID positive a week ago and was home quarantined since then. Bhanuben was facing breathing issues since a past few nights. Her oxygen level had dropped to 70. A neighbour of theirs reached out to Manav Sadhna seeking help for the life of Bhanuben. As there was shortage of beds in all hospitals Bhanuben could not be admitted hence Manav Sadhna provided her an oxygen concentrator which stabilized her health until they found a hospital to admit her where she testes COVID positive.

Manav Sadhna had supported 18 people by giving oxygen concentrators at home. Our health team also provided sanitized machines to the people who had oxygen level below 90. We also sent a very simple and a basic video of instructions guiding about the same to the patients.

Oxygen cylinders have been in shortage and hence the second best option is oxygen concentrator. Oxygen concentrator is a medical machine that concentrates oxygen from the ambient air. Oxygen concentrator is very useful for the people who are in home isolation. One oxygen concentrator can make a lot of difference in a patients life.
Families in low-income regions have very limited options and financial resources for decent healthcare because the health system is completely strained as a result of the COVID problem. They don't have access to proper medical guidance, drugs, and vitamins for a speedy and safe recovery if they self-isolate at home, or even simple tools (such as thermometers and oximeters) to monitor their symptoms if they self-isolate at home.

The Manav Sadhna health team is developing and distributing health kits that are specifically tailored to the needs of each patient who is confined to their house. Each kit contains a mix of the following items:

1) Medicines to Prevent Complications (Fabiflu, Ecosprin, Sebox-L) as prescribed by doctor, based on each patient's need
2) Oximeter (as per patient need)
3) Thermometer
4) N-95 Masks
5) Protein Powder
6) ORS sachets

We also provide grocery packs to ensure that each patient gets enough to eat. Perhaps most critically, at such tough moments, the team is doing everything possible to provide love and support to each patient and their loved ones in order to keep their spirits up.
Due to bed shortages in public hospitals in Ahmedabad, a large number of patients who do not have the financial resources are placed in home isolation. Even though this is a good option for asymptomatic people, critical patients must remain at home until hospital beds become available. If you don’t have access to or the financial means to acquire dependable medical treatments, counselling, or life-saving equipment, you’re in a perilous, even fatal position.

Manav Sadhna has responded by converting our existing medical van into “Karuna on Wheels.” Our health team is all about karuna, which means compassion. The team, which consists of a doctor and health workers, goes from house to house providing free home-based treatment to COVID patients in underserved areas. This frontline health team makes regular visits to each patient to offer advice and check their symptoms. They administer a specified cocktail of medications, nutrients, and supplies in order to facilitate a quick and healthy recovery. Manav Sadhna covers the price of medical test reports for individuals who cannot afford it, ensuring that the patient recovers. The team is further always available on call.

COVID patients’ relatives are frequently filled with anxiety and fear. The “Karuna on Wheels” crew keeps them updated, offers spiritual support, and teaches them on how to prevent the spread of the disease. Because many of the families are struggling financially as a result of COVID, we also give each of them with a grocery kit.
FIGHTING COVID IN RURAL GUJARAT

As the COVID pandemic sweeps Gujarat's villages, misinformation, rumours, superstitions, and fears of societal stigmatisation fuel dread and denial. As a result, residents are delaying COVID testing, isolation, and treatment, resulting in disease transmission and a high fatality rate. This is made worse by a continuing paucity of medical supplies and insufficient rural health infrastructure. Manav Sadhna has expanded their COVID-relief operations to rural Gujarat as a result of the urgency, cooperating with people serving in the villages.

Bhupendrakumar and Ritaben Shah of the Ajitnath Swetambar Murtipujak Jain Trust are one such partnership. They have been conducting a Sunday medical clinic in the Mahesana District village of Vadasma for the past 22 years. However, because the region has been overwhelmed with COVID, the Trust is now concentrating on large-scale testing, rapid action, and public awareness. In addition, the Trust is teaching and guiding those who have tested positive into proper isolation and treatment, despite all opposition. To aid in this effort, Manav Sadhna is providing fast test kits, drugs, gloves, masks, oximeters, sanitizer, PPE kits, awareness leaflets and banners, and an oxygen concentrator.

KARUNA ON WHEELS: ROLLING OUR HEALTHCARE

When the pandemic hit the city, affecting thousands of individuals, the existing healthcare system couldn't keep up. A mortality resulted from a delay in diagnosis or medication. Manav Sadhna launched Karuna on Wheels, a programme that reaches out to those who are unable to obtain the necessary medical care for COVID treatment.

Despite the fact that the second wave has reached its peak in Ahmedabad, Karuna on Wheels continued to serve families in underserved communities as a mobile healthcare unit.
SAVING LIVES WITH OXYGEN SUPPORT

Following the second wave of the coronavirus, an outpouring of support poured in to assist Manav Sadhna in locating and procuring oxygen concentrators in order to provide life-saving assistance in the face of a fatal scarcity of medical oxygen. These devices have been hard at work in Ahmedabad and Gujarat’s villages, helping to save lives.

Malnutrition is on the rise in youngsters, particularly those living in communities, especially during this covid crisis. We have opened all of our facilities for children for a couple of hours in order to provide healthy meals and milk. We ensure that social distances are maintained and that hygiene is maintained.

COVID VACCINATION CAMP

Manav Sadhna has been trying to raise COVID awareness about safety, treatment, and the significance of vaccination since the outbreak of COVID-19. We’ve used a variety of tactics to reach out to under served communities.

Because vaccine apprehension is higher among the poor, Manav Sadhna arranged a vaccination clinic for people aged 18 to 60 in Ramapir no Tekro, Vadaj, in partnership with @ApolloCBCC and Ahmedabad Municipal Corporation.

Our health and Anganwadi teams visited residents at their homes to discuss the benefits of vaccination and register them on the COWIN-Vaccination portal. The beneficiaries responded enthusiastically to the camp, and we were able to vaccinate 500 people.

RELIEF EFFORTS IN RURAL GUJARAT

Project Karuna-Phase 3 relief operations by Manav Sadhna have slowed. The situation has much improved. Here’s a video that gives you an insight into our humanitarian efforts.

endeavours in Gujarat’s rural areas We worked with 37 people over the course of 1.5 months. rural partners to provide medical and nutritional assistance, as well as raise awareness about There are 945 settlements in all.
DISTRIBUTING 2,550 GROCERY KIT

COVID 19 has drastically changed the situation and has made it very difficult for the people to manage their daily meals. Ragpickers, vendors, construction workers, rickshaw drivers etc faced a lot of difficulty. Hence Manav Sadhna decided to come forward and they made grocery kits. These grocery kits consisted of 3 kg rice and 1 kg lentils. These kits were distributed in communities. Young volunteers with PPE kits and proper sanitization went to these communities and delivered these grocery kits at their doorstep. Total 2,550 kits were distributed across 6 communities.

Due to all of your efforts and love we were able to feed more than 30,000 families during COVID. We are very grateful to have received this much love and support from all of you.

SUPPORTING OUR ANGANWADI FRONTLINE WORKERS

Our Anganwadis (preschool facilities) are administered by 156 women who are a true benefit to the communities they serve. MS has adopted 82 Anganwadis to help monitor and boost their activities, despite the fact that the Anganwadis are a Central Government initiative. During non-COVID periods, Anganwadi volunteers look after newborns at preschool centres while simultaneously coordinating with the government's nationwide Integrated Child Development Program. Every day, they are on the ground, providing government-sanctioned health and awareness benefits to the population, particularly women, adolescents, and children. Since the commencement of COVID, they have worked on the frontlines every day, running COVID-safety, treatment, and immunisation campaigns, monitoring the health of pregnant women and newborns, and surveying and collecting data for the government.

We’ve started manufacturing and delivering shopping packs exclusively for Covid-infected Anganwadi workers. This will be a continuing endeavour to assist the sisters in building immunity, promoting a good recovery, and reassuring them that they are not alone.

Each kit includes the following items to aid in the development of immunity and the promotion of a healthy recovery:

1) Fruits (such as Orange, Muskmelon, Chikoo, Papaya)
2) DryFruits
3) Milk
4) Rice
5) Lentils
6) Protein Powder

Our excitement was on peak when we unpacked 7 oxygen concentrators. Our well wishers helped us locate and source available oxygen concentrators.
Mihirbhai, a thirty-year-old volunteer with Manav Sadhna for several years, had been preparing to open a new restaurant around a month ago. When the second wave of COVID came, causing curfews and safety restrictions across Ahmedabad and India, he had everything in place: people, rent, and infrastructure. Instead of seeing this as a setback, Mihir regarded it as an opportunity. He decided to start providing warm meals for COVID-affected families using his restaurant space and workers. Mihir’s friends and family are also helping to fund the essential raw materials and packaging supplies for this act of kindness. Despite the fact that some of his personnel have returned to their communities, the remaining 15-person crew prepares and packages 150 warm meals every day. Each meal includes lentils, rice, vegetables, and roti (flatbread), as well as a sweet treat to round off the experience.

Mihir and several of his employees are collaborating with the Manav Sadhna team on the ground to give meals to COVID-positive individuals in the underprivileged communities we serve. Meals are also offered to their families, frontline volunteers, and daily wagers without work.

HANDLED WITH CARE, PACKAGED WITH LOVE

Everyone was focused on packing drugs and supplies for distribution to almost 110 villages in Gujarat. This is in response to the urgent need for aid in rural Gujarat, where the coronavirus has spread. These kits are being packed in lovely cloth bags made from scrap material by women in our communities. These bags, which formerly served as a source of income for the ladies and their families, are now carrying our love, prayers, and supplies for those who have been affected. We’re gearing up to continue creating these kits on a massive scale over the next several days as we hand these packs on to our heroic friends working in the field to provide urgent care and relief in the villages.
The health system in Ahmedabad was completely overcrowded as COVID-19 cases increased, and people were waiting outside in enormous lines for hours for their loved ones to be treated. Many family members camped outside hospitals, especially those who had travelled from villages, until their loved ones were discharged. The extreme heat of Ahmedabad's summer didn't help matters.

Manav Sadhna’s team felt compelled to do something to help individuals maintain their energy and spirits. We’ve been giving out cold buttermilk pouches to folks waiting outdoors for the past two weeks. This act of compassion was intended to bring some relief, a smile to people's faces, and a sense of belonging to those who are suffering. We are pleased to report that the situation in Ahmedabad is normalising, and long lines are no longer there. From this week forward, we will no longer be distributing buttermilk.

All of our Manav Sadhna centres deliver "anna daan" (dry groceries) to old women (maaji’s) who have no one to care after them on the 26th of every month.

We continued with our monthly offering today, in addition to our ongoing COVID assistance activities. A contributor also gave personal hygiene kits to each of the maajis present at our main facility, in addition to the anna daan. Meanwhile, the Manav Seva team performed routine health checks on the maajis in their neighbourhood.

**BUTTERMILK TO UPLIFT ENERGY AND SPIRITS**

Ahmedabad was in danger when we started our Phase 3 Covid-relief activities a month ago. It’s encouraging to report that the city's position is gradually improving. Families who rely on daily salaries, on the other hand, are still trying to make ends meet. We will continue to provide grocery kits to such families as part of our modest efforts to guarantee that they have access to food.
STITCHED WITH LOVE

Women have been upcycling manufacturing textile waste into various items as part of a Manav Sadhna livelihood initiative called Full Circle. This provides a stable source of income for home-based workers in low-income regions while simultaneously providing society with environmentally beneficial alternatives to everyday plastic products. Because of the pandemic’s economic consequences, these women and their families are more reliant than ever on such prospects for survival.

Hundreds of thousands of kg of provisions needed to assemble grocery kits arrived in high-density polyethylene and polypropylene sacks during our relief efforts. The women have been sewing bags from these sacks, which we then use to pack groceries for distribution to low-income households. These embroidered bags are durable and may be used over and over again. The bags also keep garbage out of landfills and provide a more environmentally friendly alternative to single-use plastic.

A SPECIAL NUTRITION KIT FOR PRESCHOOLERS

Our Anganwadi (preschool) team developed a unique nutrition package particularly for all of our little ones as part of Manav Sadhna’s ongoing COVID-19 relief efforts.

For adequate nutrition for their 3 to 6-year-old children, low-income communities rely on Anganwadi centres and their daily meal programme. In conjunction with the central government, Manav Sadhna administers 82 Anganwadi facilities to help achieve the national goal of eliminating malnutrition by providing the required nutrition to these preschoolers. However, due to the widespread spread of the coronavirus, the government has forced to halt this daily meal programme for over two months.

As a result, the Anganwadi coordinators created kits comprising dry snackable chickpeas, peanuts, dates, glucose biscuits, crayons, and a colouring book to provide 2410 children with protein and necessary nutrients, as well as something to occupy their time.
EMPOWERING CHILDREN AS AMBASSADORS OF COVID-AWARENESS

Manav Sadhna has been working to raise COVID-related awareness in terms of both safety and treatment since the outbreak of COVID-19 in 2020, despite the plethora of misinformation and myths circulating in under-resourced regions. As a result of the recent increase in cases, we’re ramping up our COVID awareness campaign and emphasising the necessity of vaccination.

Our kids have been one of the most important contributors to raising awareness (4th-10th graders). The youngsters have learned about safety and prevention measures, as well as local resources, through distance learning. Our teachers have sent a voice recording to all of their kids and their families this week, describing the present situation, critical safety precautions to take, COVID symptoms, the necessity of getting tested, and the vaccine’s benefits. The letter is intended to give the family hope and reassurance, as well as to allay any fears and debunk rumours and falsehoods. We’ve watched the children be effective and dedicated ambassadors, sharing their information with their families about how to build immunity, practise safety, and respond in the event of a COVID infection time and time again.

FOSTERING COMMUNITY AWARENESS ABOUT COVID-19

The immediate need concerning this current wave of COVID is access to timely medical treatment and essential supplies. However, awareness about COVID-safety, treatment, and vaccination is equally important to help manage the ravaging impact of the virus in the long run. So, this week Manav Sadhna has actively ramped up our awareness campaign to inform and educate under-resourced communities about COVID-19 and the importance of the vaccination. As a result, Manav Sadhna has intensified its public awareness effort to alert and educate underserved areas about COVID-19 and the necessity of immunisation this week. The campaign also aims to dispel a variety of contemporary misconceptions and myths that are generating unjustified anxiety and worry.

Our frontline volunteers and young leaders have been tirelessly putting up educational banners and posters in public locations in poor communities across the city, in addition to handing out instructive fliers. As we continue to compile resources and give printed materials and support to additional Ahmedabad-based community leaders and groups, as well as villages across Gujarat, this programme will develop. We intend to raise a lot of awareness.
JOINING HANDS WITH THE AHMEDABAD RICKSHAW CHALAK EKTA UNION TO SPREAD AWARENESS

The Ahmedabad Rickshaw Chalak Ekta Union, which has 1780 members, has been concerned about the safety of its drivers as well as the city’s residents. They transformed ten rickshaws into auto ambulances with the help of a local nonprofit. This was in reaction to a critical shortage of ambulances during the current surge’s height. These Ambulance Rickshaws, which are available via a hotline, transport essential patients to and from the hospital as well as to get testing done at no cost. The union leader, Vijaybhai, was overjoyed to report that their daily calls had dropped from 200 to an average of six! The union has also been striving to get masks and sanitizers for their drivers so that they can protect themselves and their clients.

Manav Sadhna is teaming up with the Union to put awareness posters on the backs of 200 rickshaws to help spread the word about the importance of wearing masks and getting vaccinated around the city. Furthermore, we are supplying rations to the Union so that they can create and deliver grocery packages to those members who require assistance. COVID has had a significant impact on many people’s lives, particularly those who work on a regular basis. They are unable to pay their financial obligations and provide for their family. Grocery packages assist families in obtaining food security at a time when there is still so much uncertainty.
Every day, we have expanded our aid efforts to address new and changing needs. We’ve just finished converting our Manav Jatan community centre into an Isolation Ward for locals, and it’ll be operational this week. On Saturday, we convened meetings with committed grassroots community leaders and volunteers from across the city in order to collaborate and expand our reach to people in need. Manav Sadhna will provide this outreach team with food supplies and awareness materials to distribute in their areas, in addition to offering assistance.
JOINING HANDS TO INCREASE OUTREACH TO FAMILIES IMPACTED BY COVID

Our network of Ahmedabad-based community young volunteers, grassroots leaders, and philanthropic organisations increased significantly after Manav Sadhna began the initial COVID-19 relief activities in March 2020. They reached out to us for grocery kits, which they planned to donate to COVID-affected families in the communities where they live and/or work. Working together, we were able to provide food to 22,645 families that were in desperate need throughout the city.

During the current second wave, we’re working more deliberately with the same network of frontline community organisers to expand our reach to COVID-affected families. We invited 12 of these self-organized leaders to join us at Manav Sadhna this weekend to talk about community outreach, field safety, grocery distribution, and campaigning to help each under-resourced community increase awareness and education regarding COVID-safety standards and vaccinations. We provided each of these field partners with a supply of awareness banners and pamphlets to distribute in their communities. Manav Sadhna also placed an order for wholesale grocery goods based on community surveys performed by each of the leaders prior to the conference. Our distributor will personally deliver the materials to each location. Following the arrival of the rations, the organisers and their teams (mainly family and friends) will assemble the grocery kits and distribute them in accordance with the results of their surveys. They send out information and images on a regular basis.

EXTENDING SUPPORT BEYOND AHMEDABAD

Pravinbhai and his group of self-organized grassroots volunteers contacted us with a request for medical supplies and awareness materials to be disseminated throughout seven of the ten villages that they now serve. These are in the Gandhinagar District, near Sadra village. Today we organised the materials. They will begin working with three doctors tomorrow to train 15 volunteers from these villages to supervise and administer 4-bed isolation facilities in each of the seven villages’ public schools. We all hope that this will aid in the control of COVID and the prevention of deaths. Manav Sadhna will also provide an oxygen concentrator for the team, as well as any additional assistance we can provide.
A small team from Manav Sadhna travelled to the village of Vadasma in Mahesana District to meet frontline workers and learn more about the Ajitnath Swetambar Murtipujak Jain Trust. The Trust had scheduled a village-wide COVID testing drive when we arrived. The fast antigen test is the best alternative in the absence of accessible RT-PCR testing facilities to help identify COVID-infected residents. In addition to medicines, safety equipment, oximeters, thermometers, and an oxygen concentrator, the trustee team reached out to Manav Sadhna with a request for these kits, which we were able to deliver. We also sent them awareness posters and flyers, which they used well.

Their goal is to pinpoint the source of the outbreak and provide prompt isolation and medication to stop it from spreading further. It was inspiring to see the committed team of frontline workers work tirelessly to contain the pandemic and ensure the community’s well-being. Despite the challenges, one district administrator who visited the testing camp praised the Trust’s effort and inventiveness.

The entire project is a stunning example of the value of teamwork. They’re using Manav Sadhna’s relief materials, which are being administered by government ASHA workers under the supervision of a local devoted doctor and nurse, all on the Trust’s campus and under the Trust’s leadership. It was also inspiring to see the crew distribute lime juice to each individual during the camp to provide some relief while they awaited their results in temperatures as high as 42°C (107°F). Locals are also eagerly engaging in the effort, thanks to the awareness campaign and, more importantly, the Trust’s long-standing relationship with the villagers.

Paryavaran Mitra, Manav Sadhna’s sister organisation, seeks to elevate the lives of rag-picking women while encouraging trash management and recycling. In collaboration with the Ahmedabad Cantonment Board and the Ministry of Defence, they manage the Suraksha-Zero Waste Management Center. We met Vibhuti Sharma, the Chairperson of the Family Welfare Organization of the Indian Army’s Golden Katar Division, as a result of this collaboration. She organised a Daan Utsav (Charity Drive) with inhabitants of the Ahmedabad Cantonment to contribute to the ongoing Manav Sadhna COVID-Relief Efforts, where anybody could give necessary commodities such as rice, lentils, wheat flour, spices, and even nutritional snacks. They gave Manav Sadhna their collection today. There were enough goods to feed over 200 vultures.
JOINING HANDS TO INCREASE OUTREACH TO FAMILIES IMPACTED BY COVID UPDATE-2

Since the start of Covid in 2020, Manav Sadhna has been helping several partners in Ahmedabad’s underprivileged neighbourhoods for various humanitarian efforts. Manav Sadhna’s network of Ahmedabad-based community youth volunteers, grassroots leaders, and philanthropic organisations developed significantly as collaboration became increasingly important.

The second wave of Covid has afflicted a larger number of patients, with the severity of the disease increasing. However, we were able to reach out to the impacted families in many underprivileged neighbourhoods thanks to our network of frontline community organisers. Today, we invited nine such committed, self-motivated community leaders to address community safety, in-field grocery distribution, and public awareness campaign strategies related to covid-safety and vaccination. We will assist these field partners by giving them urgently needed grocery goods sent directly to their communities, as well as awareness banners and brochures to distribute in their communities.

We’ve worked with 21 front-line community leaders, young volunteers, and philanthropic groups thus far. The potential of teamwork is brilliantly demonstrated by these ongoing activities.

EXTENDING SUPPORT BEYOND GUJARAT - UPDATE 2

The second wave of COVID-19 has had a tremendous impact on rural Gujarat, and people are struggling to make ends meet. We’re working with grassroots partners throughout villages to deliver various forms of relief, such as grocery rations, to families from indigenous, artisan, farmer, salt worker, and labourer communities who are all trying to make ends meet.
JOINING HANDS WITH COMMUNITY LEADERS

During our Phase 3 Covid-19 Relief Efforts, collaborating with grassroots community leaders across Ahmedabad was critical to being able to provide many more households with food assistance. Manav Sadhna collaborated with more than 30 local partners to identify individuals and families struggling to make ends meet in various parts of the city.

Each community leader conducted a survey of low-income neighbourhoods in the area to determine who needed assistance. We provided them with counselling, supplies, and awareness materials after the leaders cooperated with Manav Sadhna. The majority of our partners packaged the food into kits with the help of their own teams and families. They dispersed the kits and provided written and photographic proof. Banners and flyers were also used by the grassroots leaders to raise awareness about the coronavirus. We were able to reach out to migrant and labour communities, daily wagers, widows, the elderly, minority populations, and many more who were unable to provide for themselves. Here’s a closer look at the process and a few of our collaborators at work.

SUPPORT FOR RURAL RELIEF

Many grassroots leaders and organisations were working on the frontlines as the corona pandemic swept through rural Gujarat, attempting to stem the spread and assist people who were impacted. They were, however, dealing with extremely restricted resources. Manav Sadhna has been partnering with such partners and assisting them in their work by providing medical and grocery supplies, as well as awareness materials. On our end, the process has been a daily routine of negotiating with wholesalers for the greatest prices and quality items, finding and packaging materials, coordinating with existing and new partners, and loading trucks, vans, vehicles, and rickshaws to carry the resources to where they need to go. Following up with our rural partners and paying some of them a visit on the ground, of course.
Videos

Village Relief:
https://www.youtube.com/watch?v=7F2GH5U1qNM

Joining Hands with Community Leaders:
https://www.youtube.com/watch?v=v5jaimSMqjM

Saving Lives with Oxygen Support:
https://www.youtube.com/watch?v=YiznE4mo6iQ

Grocery Support:
https://www.youtube.com/watch?v=8vVwLWK7C3o

Nutrition for Little Ones:
https://www.youtube.com/watch?v=YiznE4mo6iQ

Buttermilk Seva:
https://www.youtube.com/watch?v=A8zi3nvC2-M

Tree Plantation:
https://youtu.be/6PYWcNaCYZY
Thank You!

We are deeply grateful for your loving support and generosity, which made Manav Sadhna’s Project Karuna-Phase 3 relief efforts possible. Together, we will overcome this pandemic.

Love All, Serve All

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